2023 Health Insurance

Becoming Medicare Eligible

Plan Year: January 1 – December 31, 2023
TODAY’S AGENDA

▪ Understanding Medicare
▪ CTPF health plan options
▪ Q & A
The best way to send documents to CTPF is electronically:

- Fax to **312.641.7185** or
- Email with attachment to **imaging@ctpf.org**

We highly encourage electronic document submission. You may also mail documents. If you mail your documents, please allow for any delay in USPS delivery.
AGE 65: A MILESTONE BIRTHDAY

- You are Medicare eligible!
- Your current CTPF health insurance coverage ends at the end of the month before your 65th birthday
- Your current CPS COBRA health insurance coverage ends at the end of the month before your 65th birthday
  - Please contact Payflex to terminate your CPS COBRA due to your Medicare entitlement.
YOUR ACTION IS REQUIRED!

Enroll in Medicare Part A and Part B

- Medicare is now your primary insurance; CTPF plans help pay the portion of claims that are not paid by Medicare.

Enroll in a CTPF-sponsored health insurance plan

- UHC PPO or Humana HMO Medicare Advantage plans

Submit a new enrollment form (350) and proof of Medicare enrollment to CTPF before the month of your 65th birthday.

- CTPF helps you pay for Medicare premiums by subsidizing 60% of the cost for 2023.
HOW TO ENROLL IN MEDICARE

- Online Enrollment (go to www.medicare.gov)

- Contact Social Security Monday - Friday from 9 am to 4 pm except Federal holidays

- Your 40 quarters – Medicare alone or Medicare and Social Security
  - Someone else’s 40 quarters – BOTH Medicare and Social Security

- Usually 4-6 week turnaround. Consider USPS delays
Since COVID, the Social Security Offices is highly encouraging online and phone service.

Online services are available – visit [https://www.ssa.gov](https://www.ssa.gov)

If unable to process enrollment online, contact your local Social Security office *(check hours available)*
Medicare consists of several parts:

Part A and Part B are known as “Original Medicare”
- Eligible at age 65
- Enrollment begins 3 months before your 65th birthday
- Enrollment is reflected on traditional Medicare card
Part A helps pay for inpatient hospital care, skilled nursing facilities, hospice, and home health care.

Part A – free for most by paying into Medicare

Your own working record (40 quarters or "credits" = 10 years)

or qualifying through spouse or ex-spouse working record

Teachers who didn’t pay Medicare taxes must pay for all or part of Medicare Part A premium.
Part B covers physician visits, outpatient services, preventive services including screening tests

Everyone pays for Part B coverage

CTPF helps you pay for Medicare premiums by subsidizing 60% of the cost
# What Does Medicare Cost? 2023 Medicare Premiums

## Part A: Hospital Insurance

<table>
<thead>
<tr>
<th>Quarters</th>
<th>Monthly Premium</th>
</tr>
</thead>
<tbody>
<tr>
<td>40</td>
<td>$0</td>
</tr>
<tr>
<td>30-39</td>
<td>$278</td>
</tr>
<tr>
<td>0-29</td>
<td>$506</td>
</tr>
</tbody>
</table>

## Part B: Medical Insurance

<table>
<thead>
<tr>
<th>2023 Monthly Premium</th>
</tr>
</thead>
<tbody>
<tr>
<td>$164.90</td>
</tr>
</tbody>
</table>

(CTPF subsidy is $97.14**)

**Subsidy based on $161.90

### Please Note:
- CTPF subsidizes 60% of Medicare Part B base premiums
- * No Medicare Part A subsidy if pension effective date is 7/1/16 or later
PAYING YOUR MEDICARE PREMIUM

If you qualify for FREE Part A

Pay directly to Medicare

- Monthly bill from Medicare
- Sign up for Medicare Easy Pay® program
  - Medicare Part B premium automatically deducted from savings or checking free of charge
  - Easy way to make sure your Medicare premium gets paid on time

Social Security Deduction

- Social Security check, the Part B premium is automatically deducted, no need for EASY PAY

NOTE: CTPF helps you pay by adding a subsidy ($97.14 in 2023) to your monthly pension benefit (60% of Part B cost).
Thank you for your interest in Medicare Easy Pay. By completing and returning the Authorization Agreement for Preauthorized Payments form (SF-5510), you’re authorizing the Centers for Medicare & Medicaid Services (CMS), the Federal agency that runs the Medicare program, to deduct your monthly Medicare premium from your bank account. This notice tells you what happens once you complete and return the form.

What information do I need to put on the form?

The form asks for basic information about you and your bank (also called a financial institution). Have your red, white, and blue Medicare card and a blank check from your bank account with you when you fill out the form.

Here are some tips to help you complete the form:

- The “Agency Name” should be “Centers for Medicare & Medicaid Services”.
- The “Individual/Organization Name” is your name the way it looks on your Medicare card.
- Your “Agency Account Identification Number” is your 11-character Medicare Number from your Medicare card.
- The “Type of Payment” should be “Medicare Premiums”.
- Your “Nine-Digit Routing Number” is the number from the bottom left corner of your check.
- The “Account Title” is the name of the checking or savings account holder.
- The “Account Number” is the checking or savings account number (don’t use spaces or symbols).
- The “Signature and Title of Representative” should be completed only if someone at your bank helps you complete the form.

If you’re using a checking account to pay your premiums, attach a blank, voided check. We’ll use it to validate the Routing and Account numbers you provided on the form.

Where do I send the completed form?

Centers for Medicare & Medicaid Services
Medicare Premium Collection Center
P.O. Box 979098
St. Louis, MO 63197-9000

Website:
www.medicare.gov/medicare-easy-pay
If you PAY for Part A

1. **You** will need to determine if you pay for Part A

2. If enrolling in CTPF health plan, you **must** enroll in CTPF MedPay

3. Forms will be sent to you (or access via [www.ctpf.org](http://www.ctpf.org) under Forms)
CTPF’s MEDPAY PROGRAM

- CTPF’s *MedPay* program takes over responsibility and sends payment of your monthly Part A and Part B premiums to Medicare on your behalf

- You **must** complete the CTPF *MedPay* authorization form and make 1st payment to Medicare

- Because CTPF pays 100% of your Medicare premium costs to Medicare for you, CTPF **deducts** 40% of Medicare Part B premium costs from your pension benefit (your share of costs in 2023 after 60% subsidy is applied)
# MEDPAY ENROLLMENT

**FORM 301**  
(REV. 8/2020)

## SECTION 1: PERSONAL IDENTIFICATION

<table>
<thead>
<tr>
<th>Member Name: First</th>
<th>M.I.</th>
<th>Last</th>
<th>Last 4-digits of SSN:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mailing Address: Street</td>
<td></td>
<td></td>
<td>Apt. or Unit no.</td>
</tr>
<tr>
<td>City</td>
<td>State</td>
<td>Zip</td>
<td>Email Address:</td>
</tr>
</tbody>
</table>

**Member's Birth Date:**

**Telephone Number:** (with area code)

<table>
<thead>
<tr>
<th>Make</th>
<th>Female</th>
</tr>
</thead>
</table>

## SECTION 2: MEDICARE INFORMATION

<table>
<thead>
<tr>
<th>MEDICARE NUMBER</th>
<th>PART A EFFECTIVE DATE (MM/DD/YYYY)</th>
<th>PART B EFFECTIVE DATE (MM/DD/YYYY)</th>
</tr>
</thead>
</table>

## SECTION 3: PROGRAM ENROLLMENT

1. You must have to pay for Medicare Part A to enroll in this program. CTPF retirees who pay for Medicare Part A must enroll in MedPay to receive the CTPF subsidy for Medicare.

2. To enroll, make your first Medicare Part A, Part B, and Part B IRMAA (if applicable) premium payment directly to the Centers for Medicare and Medicaid Services (CMS).

3. Immediately send CTPF this form and the required documentation noted below.

4. CTPF will process your request and make all subsequent Part A, Part B, and Part B IRMAA (if applicable) premium payments directly to CMS on your behalf.

5. Your share of the premium payment (after CTPF premium subsidy) will be deducted from your pension benefit. Depending on the timing of this deduction, you may experience a double deduction from your pension check. Per the requirements of this program, any refunds owed to the member will be paid by Medicare and NOT by CTPF.

* High income earners as determined annually by the Social Security Administration are subject to Income Related Medicare Adjustment Amounts (IRMAA) for Part B and Part D coverage, in addition to Medicare premiums. Federal law prohibits CTPF from making Part D IRMAA payments on your behalf.

## SECTION 4: REQUIRED DOCUMENTATION

<table>
<thead>
<tr>
<th>Important: Your application will not be processed without the required documentation. Immediately after making your first Medicare premium payment to CMS, send this form and the following:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. A copy of your first CMS-issued Notice of Medicare Premium Payment Due.</td>
</tr>
</tbody>
</table>

## SECTION 5: CTPF MEDICARE PREMIUM PAYMENTS ON YOUR BEHALF

1. Once CTPF receives this completed form and the required documentation, we will initiate the process of making Medicare Part A, Part B, and Part B IRMAA (if applicable) payments to CMS on your behalf.

2. If you receive a second Medicare premium payment bill from CMS, **DO NOT PAY THE BILL UNTIL YOU HAVE CONTACTED CTPF FOR FURTHER INSTRUCTIONS. (IN RARE INSTANCES, BECAUSE OF TIMING, YOU MAY BE REQUIRED TO PAY MORE THAN ONE PREMIUM DIRECTLY TO MEDICARE)**.

## ACKNOWLEDGEMENT OF RESPONSIBILITY AND INTENT

I, [Print Name], authorize the Chicago Teachers' Pension Fund to pay Medicare Part A, Part B, and Part B IRMAA premium (if applicable) on my behalf. I understand that if I am subject to IRMAA Part D as determined by the federal government, I am responsible for making this payment directly to CMS. (You will be billed for this amount directly from CMS).
HIGH INCOME EARNERS PAY EXTRA FOR MEDICARE (IRMAA)

For 2023 Part B IRMAA, if your “Adjusted Gross Income” in 2021 was:

<table>
<thead>
<tr>
<th>If your yearly income in 2021 (for what you pay in 2023) was</th>
<th>You pay each month (in 2023)</th>
</tr>
</thead>
<tbody>
<tr>
<td>File individual tax return</td>
<td>File joint tax return</td>
</tr>
<tr>
<td>$97,000 or less</td>
<td>$194,000 or less</td>
</tr>
<tr>
<td>above $97,000 up to $123,000</td>
<td>above $194,000 up to $246,000</td>
</tr>
<tr>
<td>above $123,000 up to $153,000</td>
<td>above $246,000 up to $306,000</td>
</tr>
<tr>
<td>above $153,000 up to $183,000</td>
<td>above $306,000 up to $366,000</td>
</tr>
<tr>
<td>above $183,000 and less than $500,000</td>
<td>above $366,000 and less than $750,000</td>
</tr>
<tr>
<td>$500,000 or above</td>
<td>$750,000 or above</td>
</tr>
</tbody>
</table>
For 2023 Part B IRMAA, if your “Adjusted Gross Income” in 2021 (continued):

* You will be direct-billed by CMS for Part B premiums and Part B IRMAA amounts unless you **do not qualify** for free Medicare Part A – then CTPF takes over payments of Medicare Part A and Part B premiums, as well as Part B IRMAA amounts (see Form 301 for instructions)

** If you do **not** receive a Social Security benefit or one large enough to cover the IRMAA amount for Medicare Part D, CMS will always direct-bill you for this amount

*** 2023 Medicare B premium is $164.90. Surcharge is $3.00 ($161.90 + $3.00 = $164.90)
MEDICARE PAYMENT SUMMARY

**Free Medicare Part A**
- ✓ You pay Medicare directly for Part B
- ✓ CTPF *subsidizes* Part B in your pension check

**You pay for both Medicare Part A and Part B**
- ✓ Enroll in CTPF **MedPay**
- ✓ CTPF pays Medicare for Part A & Part B
- ✓ CTPF subsidizes Part B in your pension check (and if your pension effective date was prior to 7/1/2016, Part A will be subsidized)
OTHER “PARTS” OF MEDICARE

❖ Part C plans also known as Medicare Advantage plans
   ▪ Replaced Original Medicare and administered by insurance companies
   ▪ Covers doctors, hospitals and often prescription drugs
   ▪ Must be enrolled in Part A & Part B

❖ Part D plans are prescription drug plans
   ▪ Administered by insurance companies
   ▪ Must be enrolled in Part A & Part B

All CTPF Medicare plans include a Medicare Part D plan

OR

Part A
Hospital Insurance

Part B
Medical Insurance

Part D
Prescription Drug Plan

Medigap
Medicare Supplement Insurance

Part C
Medicare Advantage Plan

Combines Parts A and B and is available with or without Part D
Medicare Advantage Plans

- UnitedHealthcare Medicare Advantage PPO (UHCMA)
- Humana HMO
MEDICARE ADVANTAGE PLANS 101

Common Misconceptions
- Limited Networks, Limited Coverage
- No Out of Network Benefits

Comments from Members
- “Not as good as Supplement Plan”
- “Not as good as Plan F”
- “I wanted Plan G”
- “What’s the catch?”

CTPF Medicare Advantage Plans
- Custom designed Group Medicare Advantage Plans
- Must cover at a minimum what Medicare covers, and often they cover more
- Retiree health is in their best interest-WIN/WIN
CTPF PLANS FOR MEDICARE ELIGIBLE MEMBERS

- Comprehensive medical and prescription drug coverage
- Guaranteed enrollment
- Can change plans every year during Open Enrollment
- Renew Active or Silver Sneakers program included
- Telehealth option

Reminder: **DO NOT** enroll in additional Medicare Part D prescription drug insurance or you will lose **ALL** CTPF medical and prescription coverage
MEDICAL PLANS
UHC Medicare Advantage PPO

- Nationwide coverage: use any medical provider that accepts Medicare;
  - In- and out-of-network benefits are the same
- $175 Deductible, then plan pays 100%
- $50 Emergency room copay, waived if admitted
- Urgent care paid at 100%
- Foreign travel emergency coverage
- Covers additional services that original Medicare does not cover
- Express Scripts Medicare D plan included
MEDICAL PLANS
UHC—Medicare Advantage PPO

Additional Benefits

- $60/quarter Over-the-Counter (OTC) benefit
  - Purchase items via a catalog or online – free shipping
  - Members receive quarterly balance letter & catalog in mail
- Annual routine hearing exam
- Hearing aid allowance ($1,000 every 3 years – save 30-50% on hearing aids
- Annual physical exam ($0 copay) exam is more comprehensive than standard Medicare covered exam
Wellness Incentives - Earn gift cards from national and local retailers by performing wellness activities throughout the year

Renew Active (an enhanced Silver Sneakers’ plan)
  - See https://uhcrenewactive.com/home for more information

HouseCalls program

Steps Tracking

Vision discounts and benefits at participating providers:
  - Routine eye exam ($0 copay)
  - $300 Frame allowance every 2 years for eyeglass frames and/or contact lenses
**PRESCRIPTION DRUG PLAN (with UHCMA)\(^*\)**

**EXPRESS SCRIPTS - OVERVIEW**

| Preferred Value Network Pharmacy* |  
|----------------------------------|--
| *(up to 31-Day supply)*          |  
| $10  Generic copay               |  
| $30  Preferred brand copay       |  
| $50  Non-preferred brand copay    |  
| $50  Specialty drugs             |  

| Preferred Value Network Pharmacy* |  
|----------------------------------|--
| *(up to 90-Day Supply)*          |  
| $25  Generic copay               |  
| $75  Preferred brand copay       |  
| $125 Non-preferred brand copay    |  
| $125 Specialty drugs             |  

| Express Scripts Mail Order *(up 90-Day Supply)* |  
|-----------------------------------------------|--
| $20 Generic copay                             |  
| $60 Preferred brand copay                     |  
| $100 Non-preferred brand copay                |  
| $100 Specialty drugs                          |  

- **Non-preferred network copays are $5 more than Preferred Value Network copays**

- **Retail (2.5X): ($25/$75/$125/$125)**
- **Mail Order (2X): ($20/$60/$100/$100)**
MEDICAL PLANS - HUMANA HMO

- Traditional HMO (requires use of network providers)
- Select Primary Care Physician (PCP) in plan network
- Referrals required for all specialty care
- Chicago metro area (Cook, DuPage, Kankakee, Kane, Kendall, Lake, McHenry & Will counties) plus limited areas in AL, AZ, CA, CO, FL, IN, KS, LA, MO, MS, NC, NM, NV, PR, TN, TX, and UT (Please contact Humana for additional coverage areas)
- No deductibles
- $10 PCP office visit copayment; $25 copay – specialist
- Inpatient $150 copayment, 1st five days per admission
- Use Humana enrollment form
MEDICAL PLANS - HUMANA HMO

- Foreign travel - emergency only
- Preventive care covered at 100% after Medicare pays
- ER $50 copay, waived if admitted within 24 hours
- Prescription coverage through Humana Part D Pharmacy
Prescription drug formulary includes all generics and brand name drugs approved by Medicare

- Non-preferred brand name drugs covered at higher cost
- No coverage gap

Retail – 30 day supply:
- Preferred generics: $5
- Non-preferred generics or preferred brand: $30
- Non-preferred brand: $45
- Specialty drugs: 25% with $150 maximum per Rx

90-day supply:
- Retail (3X): ($15/$90/$135)
- Mail Order (2X): ($0/$60/$90)
## 2023 RETIREE PREMIUMS

Retiree share = 60% of total cost (2023 subsidy)

<table>
<thead>
<tr>
<th>Plan Description</th>
<th>Premium</th>
</tr>
</thead>
<tbody>
<tr>
<td>UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare (PDP)</td>
<td>$124.96</td>
</tr>
<tr>
<td>Humana Group Medicare HMO with Part D Pharmacy</td>
<td>$74.86</td>
</tr>
<tr>
<td>Health Plan</td>
<td>Premium</td>
</tr>
<tr>
<td>------------------------------------------------</td>
<td>-----------</td>
</tr>
<tr>
<td>UnitedHealthcare Group Medicare Advantage PPO</td>
<td>$312.38</td>
</tr>
<tr>
<td>with Express Scripts Medicare (PDP)</td>
<td></td>
</tr>
<tr>
<td>Humana Group Medicare HMO with Part D Pharmacy</td>
<td>$187.13</td>
</tr>
</tbody>
</table>
AGE 65 & OVER PREMIUMS

You will have 2 premiums

1. CTPF health insurance plan (includes Medicare D)
2. Medicare A & B

You will have 2 subsidies

1. CTPF health insurance plan (includes Medicare D)
2. Medicare Part B
Want CTPF Coverage for You and Your Spouse?

**Both Medicare Eligible:**
- Both member and spouse must enroll in the *same* CTPF Medicare health insurance plan

**One Non-Medicare and One Medicare Eligible:**
- Both member and spouse must enroll in a *corresponding* Medicare health insurance plan

Each family member must complete a separate application (Form 350)
CTPF does **not** offer vision or dental insurance

Vision and Dental plans may be available through:

- Retired Teachers Association of Chicago (RTAC)
- Purchased independently

Contact information on page 38 of 2023 Health Insurance Handbook
ILLUSTRATIVE COST COMPARISON
(Does not reflect premium for Medicare Part A)

<table>
<thead>
<tr>
<th></th>
<th>Pre 65 CPS COBRA HMO</th>
<th>Pre 65 BCBS HMO</th>
<th>Post 65 UHCMA PPO</th>
<th>Post 65 Humana HMO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monthly Pension Amount</td>
<td>$3,000</td>
<td>$3,000</td>
<td>$3,000</td>
<td>$3,000</td>
</tr>
<tr>
<td>Monthly Health Insurance Premium Cost</td>
<td>($654.99)*</td>
<td>($1,017.80)</td>
<td>($312.38)</td>
<td>($187.13)</td>
</tr>
<tr>
<td>Monthly CTPF Health Insurance Subsidy;</td>
<td>$392.99</td>
<td>$610.68</td>
<td>$187.42</td>
<td>$112.27</td>
</tr>
<tr>
<td>Medicare B Premiums*</td>
<td>N/A</td>
<td>N/A</td>
<td>($164.90)*</td>
<td>($164.90)*</td>
</tr>
<tr>
<td>Medicare B Subsidy</td>
<td>N/A</td>
<td>N/A</td>
<td>$97.14</td>
<td>$97.14</td>
</tr>
<tr>
<td>Net Monthly Pension</td>
<td>$3,392.99</td>
<td>$2,592.88</td>
<td>$2,972.18</td>
<td>$3,022.28</td>
</tr>
</tbody>
</table>

Note: Illustration only. Does not reflect AAI, Federal taxes or other additions or withholdings. CTPF subsidies can change at anytime.

* Amount not part of calculations above
NEXT STEPS

1. Enroll in Medicare Parts A & B (go to www.medicare.gov for details) three months before turning age 65

2. Attain your Medicare card (or award letter)

3. Return completed enrollment form(s) to CTPF 30 days before turning age 65 (NOT to the insurance carrier)
   • Form 350 required for both plans
   • Humana requires an additional application (call Member Services for a copy)
IMPORTANT REMINDERS

• CTPF, Social Security Administration, and the Centers for Medicare & Medicaid Services (CMS) **NEVER** sends junk mail! Always read and take action if necessary – your health could depend on it!

• Keep CTPF informed of any address, email or phone number changes *(and notify Social Security Administration ([www.ssa.gov](http://www.ssa.gov)) even if you do not receive Social Security benefits)*
• Open Enrollment occurs every October – review your *Health Insurance Handbook* for any changes to benefits

• You can begin the enrollment process in a CTPF health plan even if you do not yet have Medicare

• Given the uncertainties with the COVID-19, CTPF is advising all members who receive benefits to sign up for direct deposit as soon as possible in an effort to ensure timely receipt of benefit payments
IMPORTANT ONCE ENROLLED

Once your Health Insurance is setup, *two common mistakes* members make which can result in a **loss in coverage**:

1) **Failing** to make timely Medicare Part B (or IRMAA B or D) payments OR

2) **Enrolling** in an additional *outside* plan

Please be sure **NOT** to make either of these mistakes

You will lose your CTPF coverage
Stay up-to-date on changes by having your email on file at CTPF

- Contact Member Services to update your email address: email memberservices@ctpf.org, or call 312.641.4464
- Submit documents to imaging@ctpf.org or via fax at 312.641.7185
- Register for email updates at www.ctpf.org
  ▪ Scroll down to bottom and enter your email address
DON’T MISS IMPORTANT INFO

Due to COVID-19, for the safety of our members CTPF offices are closed to visitors.

Stay up-to-date on changes online:

- Visit the CTPF website at www.ctpf.org
- Follow us on Facebook, Twitter, or LinkedIn

The best way to send documents, including Health Insurance enrollment forms or any other submissions, is by Fax to 312.641.7185 or attach to an email to imaging@ctpf.org
Questions