HEALTH INSURANCE HANDBOOK

PLEASE KEEP THIS HANDBOOK FOR FUTURE REFERENCE.
CTPF Annuitant Health Insurance

Choosing a health insurance plan for you and your eligible dependents is one of your most important decisions. CTPF sponsors comprehensive plans designed to promote wellness and provide high-quality coverage at a reasonable cost. CTPF offers this coverage if the retiree's final teaching service was with the Chicago Public/Charter Schools. This Handbook is your resource for current information about the Chicago Teachers’ Pension Fund (CTPF) health insurance options, premiums, and changes to plans.

Qualified annuitants may enroll in a plan for:
- Non-Medicare eligible members (3 plans offered)
- Medicare-eligible members who maintain enrollment in Medicare Parts A & B (3 plans offered)

Health Insurance Plan Changes

The 2022 Open Enrollment Period will run from October 1-31, 2021. During this time, annuitants can enroll, add or drop a dependent, or change a health insurance plan or carrier. Changes become effective January 1, 2022. All plans offered in 2021 will be offered in 2022. You do not need to take any action to stay enrolled. Plan designs have not changed for 2022. Details about Open Enrollment Education Week can be found on page 3.

Health Insurance Premium Subsidy

The Health Insurance Premium Subsidy is set annually by the Board of Trustees. The subsidy will remain at 60% in 2022. The subsidy is only available to eligible CTPF members. Dependent coverage is not eligible for the subsidy.

2022 Plan Cost*

<table>
<thead>
<tr>
<th>Medicare Plans</th>
<th>2022 Rate (member rate)</th>
</tr>
</thead>
<tbody>
<tr>
<td>UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare (PDP)</td>
<td>$131.50 (was $126.57)</td>
</tr>
<tr>
<td>AARP Medicare Supplement Plan F** (UnitedHealthcare) with Express Scripts Medicare (PDP), Average by age:</td>
<td></td>
</tr>
<tr>
<td>Age 66-68</td>
<td>$145.19 (was $147.81)</td>
</tr>
<tr>
<td>Age 69-71</td>
<td>$158.80 (was $160.98)</td>
</tr>
<tr>
<td>Age 72-74</td>
<td>$169.51 (was $169.55)</td>
</tr>
<tr>
<td>Age 75+</td>
<td>$186.69 (was $183.94)</td>
</tr>
<tr>
<td>Humana Group Medicare HMO with Part D Pharmacy</td>
<td>$75.80 (was $73.50)</td>
</tr>
</tbody>
</table>

**This plan is available to Medicare recipients who turned 65 prior to 2020.

Premiums for the AARP Medicare Supplement Plan F are based on age, gender, vary by geographic area, and are quoted directly by UnitedHealthcare. The amounts listed above are average costs.

<table>
<thead>
<tr>
<th>Non-Medicare Plans</th>
<th>2022 Rate (member rate)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Cross and Blue Shield PPO</td>
<td>$816.22 (was $788.62)</td>
</tr>
<tr>
<td>UnitedHealthcare Choice Plus PPO</td>
<td>$533.35 (was $533.35)</td>
</tr>
<tr>
<td>Blue Cross and Blue Shield HMO Illinois</td>
<td>$395.26 (was $404.57)</td>
</tr>
</tbody>
</table>

*Prices above are for the annuitant cost for single coverage and include the 60% premium subsidy.
The 2022 Open Enrollment Period for health insurance will run from October 1-31, 2021. During this period, annuitants can enroll, add or drop a dependent, or change a health insurance plan or carrier.

CTPF will offer expanded educational programs by webinar and phone conference this fall. Telephone and video counseling appointments with counselors from CTPF’s Member Services department are also available.

Open Enrollment Education Week

Register Today!

CTPF will host a week of webinars and audio presentations October 4-8. Morning presentations will be webinars with a full audio-video presentation that can be viewed from any internet-connected device. Two presentations will be audio-only for individuals who do not have access to the internet.

All presentation materials will be posted at ctpf.org/open-enrollment. Register for a webinar by clicking on the date at ctpf.org/calendar. Audio-only presentations will be dial-in and do not require advance registration.

Webinars will be posted for on-demand viewing at ctpf.org/open-enrollment after the presentations. Please use this handbook for the Open Enrollment Webinar and future reference.

<table>
<thead>
<tr>
<th>MEDICARE PRESENTATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday, October 4, 2021</strong></td>
</tr>
<tr>
<td>Open Enrollment Webinar Medicare Plans</td>
</tr>
<tr>
<td><strong>Wednesday, October 6, 2021</strong></td>
</tr>
<tr>
<td>Open Enrollment Webinar Medicare Plans</td>
</tr>
<tr>
<td><strong>Open Enrollment Call (Dial-in only, no video)</strong> Medicare Plans</td>
</tr>
<tr>
<td>Call: 1-312-626-6799 when prompted enter</td>
</tr>
<tr>
<td>Meeting ID: 974 9398 6203</td>
</tr>
<tr>
<td><strong>Friday, October 8, 2021</strong></td>
</tr>
<tr>
<td>Open Enrollment Webinar Medicare Plans</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NON-MEDICARE PRESENTATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tuesday, October 5, 2021</strong></td>
</tr>
<tr>
<td>Open Enrollment Webinar Non-Medicare Plans</td>
</tr>
<tr>
<td><strong>Thursday October 7, 2021</strong></td>
</tr>
<tr>
<td>Open Enrollment Webinar Non-Medicare Plans</td>
</tr>
<tr>
<td><strong>Open Enrollment Call (Dial-in only, no video)</strong> Non-Medicare Plans</td>
</tr>
<tr>
<td>Call: 1-312-626-6799 when prompted enter</td>
</tr>
<tr>
<td>Meeting ID: 948 3969 5396</td>
</tr>
</tbody>
</table>

Open Enrollment Vendor Week

Our vendor partners will offer webinars and dial-in information sessions the week of October 11th. Registration information can be found at ctpf.org/calendar.

Your voice matters. Please take our five-minute survey and share your thoughts about CTPF Health Insurance Communications at ctpf.org/2021survey.
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Refer to this handbook if you are attending an Open Enrollment Webinar and please keep this handbook for future reference. This handbook is also available at www.ctpf.org.
Health Information Privacy Policy

CTPF may use protected health information known as (PHI) as provided in the Health Insurance Portability and Accountability Act of 1996 (HIPAA). PHI is health information that can be associated with a member using personal identifiers such as name or Social Security number.

In the course of providing health insurance benefits to our members and administering CTPF’s health insurance plans, CTPF may receive and create PHI. Disclosure of PHI is generally limited to activities associated with administration of health care benefits including plan enrollment, premium payments, and facilitation of plan coverage.

CTPF makes every effort to disclose only minimum PHI when necessary, in compliance with federal and state law and CTPF’s privacy policy.

A copy of CTPF’s Privacy Notice is available upon request by contacting the Health Benefits Department.

COVID-19 Changes

As of September 1, 2021, for the health, safety, and wellbeing of all CTPF Members, the Fund continues to deliver all member services by phone and video counseling.

Members should call 1-312-641-4464 or email memberservices@ctpf.org for assistance. Changes to operations will be posted at www.ctpf.org.

CTPF Contact Information

Chicago Teachers’ Pension Fund*
425 S. Financial Place | Suite 1400
Chicago, Illinois 60605-1000
1-312-641-4464 | 1-312-641-7185 fax
www.ctpf.org | memberservices@ctpf.org

Office Hours: 8:00 a.m. – 5:00 p.m. | M-F

Follow Us: Facebook | Twitter | LinkedIn | Search: Chicago Teachers’ Pension Fund

*Email or Fax Preferred: During the pandemic, we encourage members to submit forms by fax or email if possible, as U.S. Mail processing may be delayed. Send forms and documents by fax to 1-312-641-7185 or email an attachment (.pdf or .jpg format) to imaging@ctpf.org.
2022 Open Enrollment

The annual Open Enrollment Period for the CTPF health insurance program runs from October 1 - October 31, 2021. During Open Enrollment, you may enroll in a CTPF health insurance plan for the first time, change a health insurance plan or carrier, exercise your one-time Opt-In option, or add a dependent to a health plan.

Changes made during this period become effective on January 1, 2022.

Chicago Public/Charter School COBRA Enrollees

If you currently have insurance through your former employer’s Consolidated Omnibus Budget Reconciliation Act (COBRA) plan and wish to join a CTPF plan in January, you may enroll during Open Enrollment or within 30 days of COBRA coverage ending. (See page 13)

Enrollment from a COBRA plan to a CTPF plan is not automatic. Contact CTPF before your COBRA coverage ends to obtain CTPF plan enrollment information.

Enrollment Forms

Non-Medicare plans
Use CTPF Form 350 (included in the center of this handbook or download at www.ctpf.org) to enroll in all Non-Medicare plans.

Medicare plans
Complete CTPF Form 350 (included in the center of this handbook or download at www.ctpf.org). See the instructions in “How to Enroll” on pages 34-35. The AARP Medicare Supplement Plan F (UnitedHealthcare) with Express Scripts Medicare® (PDP) for CTPF Medicare Supplement plan and the Humana Group Medicare HMO with Part D Pharmacy Medicare Advantage plan require additional forms.

Return all completed enrollment forms and required documentation to CTPF. Forms returned to an insurance carrier will not be processed.

Email or Fax Preferred
During the pandemic, we encourage members to submit forms by fax or email if possible, as U.S. Mail processing may be delayed. Send forms and documents by fax to 1-312-641-7185 or email an attachment (.pdf or .jpg format) to imaging@ctpf.org.

U.S. Mail
If you cannot send in forms by fax or email, use the envelope included in the center of this Handbook, and return information to:

Health Benefits Department
Chicago Teachers’ Pension Fund
425 S. Financial Place, Suite 1400
Chicago, IL 60605-1000

What’s in a (legal) name?

It’s important to keep your legal name up-to-date with both the Social Security Administration (SSA) and CTPF. Your legal name is the name on your birth certificate unless your name changed due to marriage, divorce, or by legal decree. Even if you do not receive SSA benefits, the SSA supplies Medicare with the name on your Medicare ID card. Make sure you use your legal name when you complete CTPF health insurance forms. Enrollment problems can occur if the name on your Medicare card does not match the name on file with CTPF.
ID Cards

Health plan enrollees receive health insurance ID cards by mail directly from their health insurance plan provider. ID cards are normally issued at the time of enrollment or when a health plan change is made.

If you need a replacement card, contact your health insurance plan provider directly. Find contact information on page 41.

Turning Age 65

If you (or your dependent) plan to enroll in a CTPF Medicare plan, you will need to apply for Medicare three months before the month you turn age 65 to ensure timely enrollment. See Turning Age 65 on page 26.

To enroll in a CTPF Medicare plan, you must enroll in Medicare Part A and Part B, and provide CTPF with proof of enrollment before the month of your 65th birthday. Acceptable proof includes:

- a copy of the Medicare card, or
- an award letter with Medicare number from the Social Security Administration verifying enrollment, with effective dates

Current CTPF Non-Medicare Health Plan Enrollees

If you are currently enrolled in a CTPF Non-Medicare plan and want to continue coverage with CTPF when you turn 65, you must enroll in Medicare Part A and Part B, and provide CTPF with proof of enrollment before the month of your 65th birthday. If you fail to provide proof of Medicare enrollment, your CTPF health insurance will terminate on the last day of the month prior to your Medicare eligibility month. See page 26 for information.

Medicare Birthday Parties

CTPF offers bi-monthly enrollment webinars to help members evaluate their health insurance options. Medicare “Birthday Parties” are held via webinars and eligible members and their dependents are sent invitations in the months prior to their 65th birthday. More details can be found on page 43.
Reducing Your Cost

CTPF Health Insurance Premium Subsidy
CTPF members whose final teaching service was with Chicago Public/Charter Schools may receive a health insurance premium subsidy. The subsidy, set annually, pays a percentage of health insurance costs for eligible CTPF annuitants. The CTPF Board of Trustees approved a 60% subsidy, effective January 1, 2022. The subsidy is subject to change at the discretion of the Board.

See page 14 for more information about the health insurance premium subsidy program.

Medicare Part A Premium Subsidy
Members who retired with a pension benefit effective date of July 1, 2016, or later, who must pay for Medicare Part A coverage, will not receive a CTPF premium subsidy for this cost. This does not impact CTPF subsidies for Medicare Part B, Part D, supplemental health plans, or annuitants with pension benefit effective dates prior to July 1, 2016. See page 29 for more information.

HIPAA Authorized Representative
If you want a family member to assist you with health insurance issues, you can submit a HIPAA Authorized Representative Designation form, available at www.ctpf.org or from Member Services. Your Authorized Representative may discuss your health insurance options, but cannot make care or treatment decisions.

Power of Attorney
If you would like a family member or other representative to act on your behalf, you must submit a completed power of attorney form to CTPF and to each of your health insurance carriers. Power of Attorney ends upon the death of the member.

Fraud
Falsifying information and/or documentation to obtain health insurance coverage through CTPF will result in a loss of health insurance.

Disclaimer
If this summary description differs from the plan text or any plan term or condition, the official contract document governs. This handbook contains information regarding benefits voluntarily provided by CTPF. Plan provisions may change without prior notice. All plans are subject to and must comply with any applicable state or federal law. To the extent this summary description differs from current or future applicable state or federal law, the applicable state or federal law governs.

Dental Plans
CTPF health insurance plans do not include dental coverage. CTPF annuitants may enroll in dental insurance offered through private insurers or a group plan through the Retired Teachers Association of Chicago.

See page 41 for contact information.
Who Can Enroll In A CTPF Plan?

Annuitants & Dependents

CTPF annuitants and their eligible dependents may qualify to enroll in a CTPF health insurance plan. To qualify, CTPF must be the retiree’s final retirement system. An annuitant and/or dependent may initially enroll in a CTPF plan once in a lifetime, unless he or she experiences a qualifying event. (See Special Enrollment on page 11)

Survivors

Upon the death of a member, survivors should notify Member Services as soon as possible. Once reported, CTPF will send a packet outlining survivors’ health insurance options.

Continued Coverage for Dependents

CTPF health insurance coverage continues for survivors currently enrolled as dependents following a member’s death. Qualified survivors become eligible for a health insurance premium subsidy. A survivor who does not want to continue coverage may voluntarily disenroll.

Joining a CTPF Health Insurance Plan

Qualified survivors may enroll in a CTPF health insurance plan within 30 days of a member’s death, and become eligible for a premium subsidy. CTPF sends enrollment information upon notification.

Dependents Defined*

Eligible dependents include:

- a legal spouse as defined by your state of residence
- a party to a civil union
- children under the age of 26
- unmarried veteran adult children under the age of 30
- children who are mentally or physically disabled from a cause originating prior to age 23, and who are financially dependent on you for more than one-half of their support and maintenance.

Dependent enrollment is contingent upon meeting the documentation requirements listed on page 10.

It is your responsibility to notify CTPF in writing when your dependent no longer meets eligibility requirements.

* For the purposes of dependent eligibility, the term children includes:

- natural children
- step children
- legally adopted children
- children for whom you have permanent legal guardianship
- disabled children
### Dependent Documentation Requirements

The following documentation must be provided when you add a dependent to a CTPF health insurance plan.

<table>
<thead>
<tr>
<th>Type of Dependent</th>
<th>Supporting Documentation Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Legal spouse as defined by your state of residence</td>
<td>Marriage certificate or tax return indicating spouse’s name</td>
</tr>
<tr>
<td>Party to a civil union</td>
<td>Civil union certificate</td>
</tr>
<tr>
<td>Disabled child*</td>
<td>Certified copy of birth certificate and an original letter from physician certifying disability on physician letterhead with date disability occurred. Disability must have occurred prior to age 23.</td>
</tr>
<tr>
<td>Natural child under age 26</td>
<td>Certified copy of birth certificate</td>
</tr>
<tr>
<td>Adopted child under age 26</td>
<td>Adoption decree/order with judge’s signature and circuit clerk’s stamp or seal, and proof of birth date</td>
</tr>
<tr>
<td>Stepchild under age 26</td>
<td>Certified copy of birth certificate indicating spouse is child’s natural parent</td>
</tr>
<tr>
<td>Child under legal guardianship, under age 26</td>
<td>Certified guardianship appointment with Circuit Clerk stamp or seal, and proof of birth date</td>
</tr>
</tbody>
</table>
| Unmarried veteran adult child, under age 30 | • Proof of Illinois residency  
• Veterans’ Affairs Release Form (DD-214) with release date from service  
• Certified copy of birth certificate |

*CTPF may require periodic updates to disabled child documentation.  
See page 9 for dependent eligibility requirements.
**When Can I Join?**

**Initial Enrollment Period**

You may initially enroll in CTPF coverage when one of the following events occurs:

- Within 30 days after COBRA continuation coverage under the Board of Education or Charter School active employee group health program ends, *unless coverage is cancelled due to non-payment of premium*
- Within 30 days of the effective date of pension/survivor benefits
- During the Annual Open Enrollment Period *(once in a lifetime)*
- Within 30 days of first becoming eligible for Medicare
- When coverage is cancelled by a former group plan through no fault of your own

* If COBRA coverage ends December 31, 2021, you may enroll in a CTPF plan during the Open Enrollment Period, October 1 - 31, 2021. Coverage becomes effective January 1, 2022.

**Special Enrollment Period**

In addition to the annual Open Enrollment Period, you have 30 days after a qualifying event to change plans or add an eligible dependent. Qualifying events may include:

- change in permanent address that affects the availability of an HMO or Medicare Advantage plan
- marriage/civil union or divorce/dissolution
- birth, adoption, or legal guardianship
- termination of a Primary Care Physician for HMO plan enrollees
- becoming eligible for Medicare

Please indicate the qualifying event on CTPF Form 350 and include any supporting documents detailing your reason for loss of coverage.

**One Time Opt-In**

Eligible members may re-enroll in a CTPF health insurance plan **one time** without a qualified change in status (*marriage, birth, death, etc.*). Members who want to rejoin a CTPF plan must do so during a CTPF Open Enrollment Period. A member applying to re-enroll must have proof of insurance coverage (*medical and prescription drug*) as of the beginning of the open enrollment period (October 1), and maintain coverage through December 31 of that year. CTPF insurance coverage becomes effective the following January 1.

**2022 Open Enrollment**

The annual Open Enrollment Period is the time when you or a dependent can enroll in a CTPF plan or change plans. Open Enrollment runs October 1 - 31, 2021. Changes made during Open Enrollment become effective January 1, 2022.

Get started by following these steps:

1. Make sure you understand any plan changes. *(See page 2)*
2. If you are currently enrolled in a CTPF plan and you want to continue coverage, you do not need to take any action. Your coverage will continue.
3. If you or a dependent want to enroll or change plans, you must complete the appropriate enrollment forms. An enrollment form for most plans is included in this handbook. See the “How to Enroll” section of the comparison charts for plans not included on the enrollment form.
4. Return all completed enrollment forms and required documentation to CTPF. Forms returned to an insurance carrier will not be processed.

**During the pandemic, we encourage members to submit forms by fax or email when possible. See page 5 for email, fax, and mailing information.**
What Changes Impact My Enrollment?

It’s important to keep CTPF informed if you have any of the following changes which may affect your enrollment status:

- change of address for you or your dependents
- death of a spouse or dependent
- marriage, civil union, divorce, legal separation, annulment
- dependent loss of eligibility
- change in Medicare status, including turning age 65, becoming Medicare eligible before age 65, or loss of Medicare coverage for any reason
- change in Medicare premium (such as decrease or elimination of Medicare Part A premium, or qualifying for a state premium assistance program)
- you have been awarded benefits under Medicaid (it is important that you contact CTPF once you are informed that you have been approved to receive any type of Medicaid benefits; a copy of your Medicaid award letter should also be sent to CTPF)
- your health plan or prescription ID card does not reflect your current enrollment
- your pension deduction does not match your coverage or required premium

HEALTH INSURANCE CHECKUP

Don't Make A Costly Mistake

There are two frequent mistakes members make which can result in a loss in coverage: failing to make timely Part B payments and enrolling in an additional outside plan.

Part B Payments: You are responsible for making Part B payments directly to Medicare, and will receive a monthly or quarterly bill unless you receive a Social Security benefit, participate in CTPF’s MedPay program, or sign up for Medicare’s Easy Pay program.

If you fail to pay your Medicare Part B bill promptly, you will be disenrolled by Medicare and also lose your CTPF health insurance coverage.

Additional plans: if you have CTPF insurance and enroll in an additional outside plan, you will be disenrolled by Medicare and you will lose all health insurance coverage.

Reinstatement is difficult and may result in additional penalties. See page 31 for additional information and contact Members Services at 1-312-641-4464 or email memberservices@ctpf.org for additional help.

Stay Up-to-Date with Address Changes

If you move, notify the Social Security Administration (SSA) of your new address. Even if you don’t receive a Social Security benefit, the agency needs to know if your address changes, otherwise you may not receive a Medicare Part B bill. If you are Medicare-eligible and fail to pay your Medicare Part B premium you can lose ALL of your Medicare coverage and you will be disenrolled from your CTPF health insurance plan and can be difficult to reinstate.
How Do I End Insurance Coverage?

Voluntarily Ending Coverage

You can voluntarily end health insurance coverage at any time. Complete CTPF Form 350 by indicating your desired disenrollment date at least 30 days prior to the first day of the month when you want to end coverage. Your benefits will cease on the last day of the month.

If your request is received less than 30 days in advance, your coverage may be effective in the following month.

Please contact CTPF Member Services at 1-312-641-4464 with any questions.

Involuntarily Ending Coverage

Annuitant
An annuitant’s health insurance coverage ends:
  - the last day of the month when eligibility requirements are no longer met,
  - on the date you lose Medicare coverage due to non-payment of premium,
  - on the date of death, or
  - on the date of enrollment in an outside plan

Dependents*
A dependent’s health insurance coverage ends
  - simultaneously with the termination of the annuitant’s coverage, or
  - the last day of the month when eligibility requirements are no longer met

* CTPF health insurance coverage continues for survivors currently enrolled as dependents, following a member’s death. See page 9 for information.

Refund of Premium

Premiums will not be refunded for coverage ended retroactively due to late notification of ineligibility.

CTPF COBRA Eligibility

COBRA continuation coverage is a continuation of CTPF health insurance coverage when coverage would otherwise end because of a qualifying event. A list of qualifying events with the applicable continuation periods can be found on www.ctpf.org/COBRA.
Subsidy Program

Health Insurance Premium

CTPF retirees whose final teaching service was with the Chicago Public/Charter Schools may qualify for a partial subsidy of their insurance premiums. A member receiving a survivor’s pension may also qualify for a subsidy.

The amount CTPF can spend on annuitant health insurance is limited by state law. Each year, the CTPF Board of Trustees sets a premium subsidy amount. The subsidy for plan year 2022 is 60% of the total premium cost (certain limitations may apply). The subsidy is subject to change at the discretion of the Board.

Premium cost for dependent coverage is not eligible for the subsidy.

Subsidy for CTPF Non-Medicare Eligible Plans

If you are enrolled in a CTPF Non-Medicare health insurance plan, your share of the monthly plan cost is deducted from your pension benefit.

Example: If your monthly premium is $1,000, and the approved subsidy percentage is 60%, CTPF deducts $400 from your monthly pension for the premium cost, and pays the remaining $600 on your behalf.

Subsidy for Medicare

CTPF provides a premium subsidy for Medicare Part B and Part D coverage. Members with a pension benefit effective date prior to July 1, 2016, also receive a subsidy for Medicare Part A (for members who must pay a premium).

Costs Not Subsidized

CTPF does not subsidize Medicare penalties or adjustments. If you are disenrolled from Medicare for any reason, CTPF may recoup any overpaid premium subsidy from your pension check.

Paying for Medicare Part A

Annuitants enrolled in a CTPF Medicare health insurance plan who must also pay a premium for Medicare Part A must enroll in CTPF’s MedPay Program. Under this program, CTPF makes Medicare Part A, Part B, and Income-Related Monthly Adjustment Amount (IRMAA) Part B premium payments on your behalf, and deducts your share (after the applicable premium subsidy) from your pension benefit. See page 30 for information.

Subsidy for Chicago Public/Charter School COBRA

If you are enrolled in COBRA continuation coverage, CTPF automatically applies the premium subsidy to your pension benefit. The necessary authorization forms must be on file with CTPF. Notify CTPF immediately if you terminate COBRA coverage to ensure CTPF ceases the premium subsidy. Any premium subsidy paid after termination of COBRA will need to be repaid to CTPF.

All teachers hired by the Chicago Public/Charter schools on or after April 1, 1986, contribute to Medicare and receive premium-free Medicare Part A benefits after 40 quarters of participation. Members employed prior to April 1, 1986, had the option of making Medicare contributions starting in 2006. Members who chose this option met their contribution requirements (40 quarters) in 2016.

CTPF does not subsidize Part A premiums for members with benefit effective dates of July 1, 2016, or later.
Paying for Medicare Part B
Medicare will bill you for your Part B premium unless you receive a Social Security benefit or qualify for and enroll in CTPF’s MedPay program. If you make Part B payments directly to Medicare, CTPF provides a subsidy by adding 60% of the premium cost to your pension benefit.

Example: If your Medicare Part B premium cost (after deducting non-reimbursable fees) is $100 and the approved subsidy percentage is 60%, CTPF adds $60 to your pension benefit. You must make your Part B payment directly to Medicare.

Subsidy for CTPF Medicare Plans
If you are enrolled in a CTPF Medicare health insurance plan, your share of the monthly plan cost is deducted from your pension benefit.

Example: If your monthly premium is $300, and the approved subsidy percentage is 60%, CTPF deducts $120 from your monthly pension for the premium cost, and pays the remaining $180 on your behalf.

Outside Rebate Subsidy for Non-CTPF Plans
Members enrolled in non-CTPF health insurance plans and/or Medicare may be eligible for a subsidy, subject to maximum reimbursement amounts published annually. The maximum reimbursement amount will be based on CTPF’s least expensive Medicare or Non-Medicare plan option.

An application is mailed in the spring to members who are not enrolled in a CTPF health insurance plan. The subsidy is paid out retroactively in an annual payment. Premium payment documentation is required and is explained on the application.

Authorized Representative
An authorized representative (AR) is a trusted friend or family member that you designate to assist with your CTPF health care services.

Why Designate an AR?
Assigning an AR now ensures that the people you trust can ask questions, discuss claims, and advocate for you in the event that you need assistance with these matters. An AR does not have power of attorney and cannot make care or treatment decisions.

How to Designate an AR with CTPF
Download CTPF Form 345 at www.ctpf.org/health-insurance-forms-publications, or call Member Services, 1-312-641-4464, to request one. Complete the form and return to CTPF.

Designate an AR with your Health Insurance Provider
Each insurance provider has its own process and designation form. Call the customer service number found on your insurance card for more information.
Overview

The following pages offer general descriptions of the types of health insurance options for CTPF annuitants who are not eligible for Medicare. All CTPF health insurance plans include comprehensive medical and prescription drug coverage. Specific plan information can be found in the charts on pages 18-25.

Chicago Public/Charter School Continuation Coverage

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA), allows you to pay for the same health insurance coverage that you received during employment, usually for 18 months or until you become Medicare eligible.

Health insurance costs are generally lower under COBRA continuation coverage than they would be under a CTPF plan. Many choose this option and extend coverage for the maximum time allowed, normally 18 months.

Under COBRA continuation coverage, you pay premiums directly to your former employer. The employer administers the program, determines eligibility, and processes applications. In order to maintain coverage, you must make monthly premium payments on time or your coverage may be cancelled.

Contact your employer for additional information.

Health Maintenance Organization (HMO)

CTPF offers the Blue Cross Blue Shield HMO Illinois plan. This plan includes both medical and prescription drug coverage.

The HMO does not have deductibles, coinsurance, or claim forms to file. All health care must be provided (except in emergencies) by doctors, hospitals, and pharmacies that belong to the HMO network.

The HMO requires you to choose a primary care physician (PCP) to coordinate your care. Your PCP can be an internist, general practitioner, or family practitioner. You have the option to change your PCP at any time (changes may not be effective immediately). You must seek a referral for specialty care and use network providers except in an emergency. A directory of providers is available online or directly from the HMO.

The HMO service area is limited, so consider this option carefully if you travel frequently, do not live in the same place for 12 months of the year, or have dependents living away from home.

Preferred Provider Organization (PPO)

CTPF offers two PPO options, the Blue Cross Blue Shield PPO and UnitedHealthcare Choice Plus PPO. These plans include both medical and prescription drug coverage.

A Preferred Provider Organization (PPO) is a network of physicians, hospitals, and other professionals that have agreed to accept established fees from a health plan.

You decide whether or not to use a PPO network provider, but plans generally pay a higher percentage of covered charges for services within the PPO network.
## 2022 Plan Cost Comparison

The following health insurance plans are available to Non-Medicare eligible participants. If you have Medicare Part A and Part B due to end stage renal disease, these plans are available to you within the 30-month coordination period.

This comparison is to be used as a guide. In case this summary differs from the health plan text or any health plan term or condition, the official contract document must govern.

<table>
<thead>
<tr>
<th>Plan</th>
<th>Blue Cross Blue Shield PPO</th>
<th>UnitedHealthcare Choice Plus PPO</th>
<th>Blue Cross Blue Shield HMO Illinois</th>
</tr>
</thead>
</table>
| **CTPF annuitant cost for single coverage**  
  monthly premium cost with CTPF premium subsidy* | $816.22 | $533.35 | $395.26 |
| **CTPF annuitant + 1 dependent**  
  monthly premium cost with CTPF premium subsidy* | $2,856.77 | $1,866.72 | $1,383.42 |
| **CTPF annuitant + 2 or more dependents**  
  monthly premium cost with CTPF premium subsidy* | $4,897.32 | $3,200.09 | $2,371.58 |
| **CTPF dependent cost for single coverage**^  
  (dependents do not receive the CTPF premium subsidy) | $2,040.55 | $1,333.70 | $988.16 |

* The annuitant cost is the amount paid for monthly coverage after CTPF applies the health insurance premium subsidy. The current subsidy is 60% of total premium cost. See page 14 for more information.

^ This is the amount a dependent pays for single coverage in special circumstances when only one family member is Medicare eligible. See page 40 for additional information about couple coverage.

While every effort has been made to ensure up-to-date information, CTPF is not responsible for the final adjudication of insurance claims, which are solely the responsibility of the health plan.
Plan Comparison: Non-Medicare Eligible Members

### Blue Cross Blue Shield PPO

<table>
<thead>
<tr>
<th>NETWORK NAME</th>
<th>Participating Provider Organization (PPO)</th>
</tr>
</thead>
</table>

**PLAN FEATURES**

Traditional PPO. You may use any physician. Plan typically pays 80% PPO and 50% Non-PPO of allowed charges after the plan year deductible has been met.

**CONTACT INFORMATION**

- **Group number:** P06675
- 1-800-331-8032 Customer Service
- 1-800-851-7498 Mental Health
- 1-800-423-1973 Pharmacy
- 1-800-299-0274 Nurse Line
- [www.bcbsil.com](http://www.bcbsil.com)

**HOW TO ENROLL**

Complete CTPF Form 350 *(available in the center of this book or online at [www.ctpf.org](http://www.ctpf.org))*. Return with required documentation to CTPF.

**SERVICE AREA**

Nationwide

**FOREIGN TRAVEL**

Foreign travel emergency benefits available. Other foreign medical coverage may be available. Contact BCBS at 1-800-810-2583 for more information.

**PHYSICIAN SELECTION**

Enhanced benefit level when you use a PPO hospital or physician.

**LIFETIME MAXIMUM**

No lifetime maximum

**OUT-OF-POCKET MAXIMUMS**

- **Individual:**
  - PPO: $2,400
  - Non-PPO: $4,800
- **Family:**
  - PPO: $4,000
  - Non-PPO: $9,600

Prescription copays do not apply toward plan deductible.
## UnitedHealthcare Choice Plus PPO

**NETWORK NAME**  
UnitedHealthcare Choice Plus

**PLAN FEATURES**  
Traditional PPO. You may use any physician. Plan typically pays 80% PPO and 50% Non-PPO of allowed charges after the plan year deductible has been met. Some services are available for a copayment.

**CONTACT INFORMATION**

- **Group number:** 717511
- **1-866-633-2446 Customer Service**
- **1-866-633-2446 Mental Health**
- [www.myuhc.com](http://www.myuhc.com)

**HOW TO ENROLL**

Complete CTPF Form 350 *(available in the center of this book or online at [www.ctpf.org](http://www.ctpf.org))*. Return with required documentation to CTPF.

**SERVICE AREA**  
Nationwide

**FOREIGN TRAVEL**  
Foreign travel emergency benefits available.

**PHYSICIAN SELECTION**  
Enhanced benefit level when you use a PPO hospital or physician. No referral required.

**LIFETIME MAXIMUM**  
No lifetime maximum

**OUT-OF-POCKET MAXIMUMS**

- **Individual:** $6,500 PPO  
  $10,000 Non-PPO
- **Family:** $13,000 PPO  
  $20,000 Non-PPO

Prescription copays apply toward out-of-pocket maximums.

## Blue Cross Blue Shield HMO Illinois (HMOI)

**NETWORK NAME**  
HMO Illinois (HMO)

**PLAN FEATURES**  
Traditional HMO. You must select an HMOI primary care physician (PCP). Referral required for specialty care. Plan typically pays 100% after copayment. Must use network provider.

**CONTACT INFORMATION**

- **Group number:** H64047
- **1-800-892-2803 Customer Service**
- **1-800-423-1973 Pharmacy**
- **1-800-299-0274 Nurse Line**
- [www.bcbsil.com](http://www.bcbsil.com)

**HOW TO ENROLL**

Complete CTPF Form 350 *(available in the center of this book or online at [www.ctpf.org](http://www.ctpf.org))*. Return with required documentation to CTPF.

**SERVICE AREA**  
Chicago vicinity only

**FOREIGN TRAVEL**  
Foreign travel emergency benefits available.

**PHYSICIAN SELECTION**  
PCP directed, referrals required. Must use network provider.

**LIFETIME MAXIMUM**  
No lifetime maximum

**OUT-OF-POCKET MAXIMUMS**

- **Individual:** $1,500
- **Family:** $3,000

Prescription copays, vision, durable medical equipment, and prosthetics do not apply to out-of-pocket maximums.
Plan Comparison: Non-Medicare Eligible Members

Blue Cross Blue Shield PPO

<table>
<thead>
<tr>
<th>ANNUAL MEDICAL PLAN YEAR DEDUCTIBLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>$500 PPO</td>
</tr>
<tr>
<td>$1,000 Non-PPO</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ADDITIONAL DEDUCTIBLES</th>
</tr>
</thead>
<tbody>
<tr>
<td>$200 Deductible each PPO hospital admission (not to exceed 2 copays per year)</td>
</tr>
<tr>
<td>$400 Deductible each non-PPO hospital admission (not to exceed 2 copays per year)</td>
</tr>
<tr>
<td>$150 Deductible each emergency room visit, unless admitted</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HOSPITAL SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient</td>
</tr>
<tr>
<td>80% PPO hospital plus $200 hospital admission deductible</td>
</tr>
<tr>
<td>50% Non-PPO hospital plus $400 hospital admission deductible</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Skilled Nursing Facility (non-custodial)</th>
</tr>
</thead>
<tbody>
<tr>
<td>80% PPO facility plus $200 hospital admission deductible</td>
</tr>
<tr>
<td>50% Non-PPO facility plus $400 hospital admission deductible</td>
</tr>
</tbody>
</table>

Services must be rendered in a BCBS-approved skilled nursing facility.

<table>
<thead>
<tr>
<th>OUTPATIENT SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemotherapy, Radiation Therapy</td>
</tr>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Emergency Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>100% After $150 emergency room deductible, unless admitted</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lab/X-ray</th>
</tr>
</thead>
<tbody>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Speech, Physical and Occupational Therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Urgent Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
</tbody>
</table>
UnitedHealthcare Choice Plus PPO

**ANNUAL MEDICAL PLAN YEAR DEDUCTIBLE**

| Individual | PPO: $2,000 | Non-PPO: $5,000 |
| Family     | PPO: $4,000 | Non-PPO: $10,000 |

Deductible does not apply to all services.

**ADDITIONAL DEDUCTIBLES**

| Emergency Room | $250 per occurrence deductible |

**HOSPITAL SERVICES**

<table>
<thead>
<tr>
<th>Inpatient</th>
<th>PPO: 80% after deductible</th>
<th>Non-PPO: 50% after deductible, prior authorization required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skilled Nursing Facility (non-custodial)</td>
<td>PPO: 80% after deductible</td>
<td>Non-PPO: 50% after deductible</td>
</tr>
<tr>
<td>Limited to 60 days per year</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**OUTPATIENT SERVICES**

| Chemotherapy, Radiation Therapy | PPO: 80% after deductible  | Non-PPO: 50% after deductible |
| Emergency Room                  | 80% after a $250 deductible per visit  | and the medical plan deductible has been met (PPO and non-PPO) |
| Lab/X-ray                       | 80% PPO provider, after deductible  | Non-PPO provider, after deductible |
| Speech, Physical and Occupational Therapy | PPO: 80% after deductible  | Non-PPO: 50% after deductible |
| Limited to 20 visits per year per therapy |

| Surgery               | PPO: 80% after deductible  | Non-PPO: 50% after deductible |

| Urgent Care           | PPO: $50 Copay, deductible does not apply  | Non-PPO: 50% after deductible |

Blue Cross Blue Shield
HMO Illinois (HMOI)

**ANNUAL MEDICAL PLAN YEAR DEDUCTIBLE**

| None |

**ADDITIONAL DEDUCTIBLES**

| None |

**HOSPITAL SERVICES**

| Inpatient          | $200 PPO copay per admission  | (not to exceed 2 copays per year) |
| Skilled Nursing Facility (non-custodial) | No copay |
| Emergency Room      | $125 PPO copay: PCP notification recommended except in life threatening situation |
| Lab/X-ray           | $30 PPO copay |
| Speech, Physical and Occupational Therapy | No copay |
| Limited to 60 visits per year |

| Surgery               | $175 PPO copay |

| Urgent Care           | $30 PPO copay |
### Blue Cross Blue Shield PPO

<table>
<thead>
<tr>
<th>PROFESSIONAL AND OTHER SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Allergy Shots</strong></td>
</tr>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
<tr>
<td><strong>Ambulance</strong></td>
</tr>
<tr>
<td>80%</td>
</tr>
<tr>
<td><strong>Chiropractic Visits</strong></td>
</tr>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
<tr>
<td>Limited to 40 visits per year</td>
</tr>
<tr>
<td><strong>Dental</strong></td>
</tr>
<tr>
<td>Accidental care only: coverage provided for repair of accidental injury to sound natural teeth</td>
</tr>
<tr>
<td><strong>Eyeglasses and Contacts</strong></td>
</tr>
<tr>
<td>Not covered</td>
</tr>
<tr>
<td>Contact BCBS customer service at 1-800-331-8032 for details on the vision discount program.</td>
</tr>
<tr>
<td><strong>Maternity</strong></td>
</tr>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
<tr>
<td><strong>Physician Office Visits</strong></td>
</tr>
<tr>
<td>80% PPO provider</td>
</tr>
<tr>
<td>50% Non-PPO provider</td>
</tr>
<tr>
<td><strong>Preventive Care Services</strong></td>
</tr>
<tr>
<td>100% of allowed charges PPO and 50% non-PPO providers</td>
</tr>
<tr>
<td>Includes routine physical examinations, routine tests, colorectal cancer screening, and immunizations</td>
</tr>
<tr>
<td><strong>Prosthetic Devices and Medical Equipment</strong></td>
</tr>
<tr>
<td>80% PPO provider up to purchase price</td>
</tr>
<tr>
<td>50% Non-PPO provider up to purchase price</td>
</tr>
<tr>
<td><strong>Vision Screening and Exams</strong></td>
</tr>
<tr>
<td>Not covered</td>
</tr>
<tr>
<td>Contact BCBS customer service at 1-800-331-8032 for details on the vision discount program.</td>
</tr>
</tbody>
</table>
### UnitedHealthcare Choice Plus PPO

#### PROFESSIONAL AND OTHER SERVICES

**Allergy Shots**
No charge
Physician visit copay applies

**Ambulance**
80% PPO/Non-PPO after deductible
Prior authorization required for non-emergency

**Chiropractic Visits**
80% PPO provider, after deductible
50% Non-PPO after deductible
Limited to 20 visits per year

**Dental**
80% PPO/Non-PPO after deductible
Accident only; Prior authorization required

**Maternity**
See applicable service for benefit level. Copay only applies to initial office visit for physician office services.

**Physician Office Visits**
100% PPO provider, deductible does not apply
$100 Copay PPO specialist provider, deductible does not apply
50% Non-PPO provider after deductible

**Preventive Care Services** *(physicals, diagnostic tests, some immunizations)*
100% PPO for routine lab, x-rays, mammograms, preventive tests. PPO preventive care not subject to deductible
50% Non-PPO after deductible

**Prosthetic Devices and Medical Equipment**
80% PPO after deductible
50% Non-PPO after deductible
Limited to single purchase of each type of device every 3 years

**Vision Screening and Exams**
Not covered

### Blue Cross Blue Shield HMO Illinois (HMOI)

#### PROFESSIONAL AND OTHER SERVICES

**Allergy Shots**
$30 Office Visit Copay

**Ambulance**
No copay

**Chiropractic Visits**
$30 Copay
Limited to 40 visits per year

**Dental**
Accidental care only: coverage provided for repair of accidental injury to sound natural teeth

**Eyeglasses and Contacts**
Covered up to $75 allowance every 24 months
Contact EyeMed at 1-844-684-2254 for details on the vision discount program.

**Maternity**
100% after $30 copay

**Physician Office Visits**
$30 Copay

**Preventive Care Services** *(physicals, diagnostic tests, immunizations)*
No copay

**Prosthetic Devices and Medical Equipment**
No copay

**Vision Screening and Exams**
$30 Copay
Limited to one screening/exam every 12 months
Plan Comparison: Non-Medicare Eligible Members

<table>
<thead>
<tr>
<th>Blue Cross Blue Shield PPO</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BEHAVIORAL HEALTH SERVICES</strong></td>
</tr>
<tr>
<td><strong>Inpatient</strong></td>
</tr>
<tr>
<td>80%</td>
</tr>
<tr>
<td>50%</td>
</tr>
<tr>
<td><strong>Outpatient</strong></td>
</tr>
<tr>
<td>80%</td>
</tr>
<tr>
<td>50%</td>
</tr>
<tr>
<td><em><em>PRESCRIPTION DRUG BENEFITS</em>”</em>*</td>
</tr>
<tr>
<td><strong>Retail up to 30-Day Supply</strong></td>
</tr>
<tr>
<td>$10</td>
</tr>
<tr>
<td>$30</td>
</tr>
<tr>
<td>$50</td>
</tr>
<tr>
<td><strong>Retail up to 90-Day Supply</strong></td>
</tr>
<tr>
<td>$25</td>
</tr>
<tr>
<td>$75</td>
</tr>
<tr>
<td>$125</td>
</tr>
<tr>
<td><strong>Mail Order up to 90-Day Supply</strong></td>
</tr>
<tr>
<td>$20</td>
</tr>
<tr>
<td>$60</td>
</tr>
<tr>
<td>$100</td>
</tr>
</tbody>
</table>

* Specialty medications limited to an up to 30-day supply
### UnitedHealthcare Choice Plus PPO

#### BEHAVIORAL HEALTH SERVICES

**Inpatient**
- **80%** PPO after deductible
- **50%** Non-PPO after deductible
  
  Prior authorization required

**Outpatient**
- **100%** PPO, deductible does not apply
- **50%** Non-PPO provider after deductible

#### ANNUAL PRESCRIPTION DRUG DEDUCTIBLE

<table>
<thead>
<tr>
<th>Tiers</th>
<th>Deductible Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tiers 1 &amp; 2</td>
<td>No deductible</td>
</tr>
</tbody>
</table>
| Tiers 3 & 4 | Annual Retail & Mail Order Combined  
  
  Deductible of $250 per individual not to exceed $500 for the entire family. |

#### PRESCRIPTION DRUG BENEFITS*

**Retail up to 30-Day Supply**
- **$0** Tier 1 copay
- **$50** Tier 2 copay
- **$100** Tier 3 copay
- **$250** Tier 4 copay

**Retail up to 90-Day Supply**
- Not offered

**Mail Order up to 90-Day Supply**
- **$0** Tier 1 copay
- **$125** Tier 2 copay
- **$250** Tier 3 copay
- **$625** Tier 4 copay

* Specialty medications limited to an up to 30-day supply

---

### Blue Cross Blue Shield HMO Illinois (HMOI)

#### BEHAVIORAL HEALTH SERVICES

**Inpatient**
- **$200** deductible each hospital admission  
  
  *(not to exceed 2 copays per year)*

**Outpatient**
- **$30** Copay
  
  All care coordinated through your PCP

#### PRESCRIPTION DRUG BENEFITS*

**Retail up to 30-Day Supply**
- **$10** Generic copay
- **$30** Formulary brand copay
- **$50** Non-formulary brand copay

**Retail up to 90-Day Supply**
- **$25** Generic copay
- **$75** Formulary Brand copay
- **$125** Non-formulary brand copay

**Mail Order up to 90-Day Supply**
- **$25** Generic copay
- **$75** Formulary Brand copay
- **$125** Non-formulary brand copay

* Specialty medications limited to an up to 30-day supply

---

*Prescription Drug Plan Changes*

Each health insurance plan utilizes a formulary *(a list of preferred prescription drugs)*. Formularies may change annually, so make sure you review your plan’s 2022 formulary to determine if your prescription expenses will change.
Overview

The following pages offer general descriptions of the types of plans offered to CTPF annuitants who are eligible for and maintain active enrollment in Medicare Part A and Part B. All CTPF health insurance plans include comprehensive medical and prescription drug coverage. Specific plan information can be found in the charts on pages 34-39.

Turning Age 65

If you (or your dependent) plan to enroll in a CTPF Medicare plan, apply for Medicare three months before the month you turn age 65, and consider attending a CTPF Medicare “Birthday Party” when invited.

To enroll in a CTPF Medicare plan, you must enroll in Medicare Part A and Part B, and provide CTPF with proof of enrollment before the month of your 65th birthday. Acceptable proof includes:

- a copy of the Medicare card, or
- an award letter with Medicare number from the Social Security Administration verifying enrollment, with effective dates

See general Medicare information on page 28, and find Medicare Birthday Party information on page 43.

Current CTPF Non-Medicare Health Plan Enrollees

If you are currently enrolled in a CTPF non-Medicare plan and want to continue coverage with CTPF when you turn 65, you must enroll in Medicare Part A and Part B, and provide CTPF with proof of enrollment before the month of your 65th birthday. If you fail to provide proof of Medicare enrollment, your CTPF health insurance will terminate on the last day of the month prior to your Medicare eligibility month.

Medicare Star Ratings

The Centers for Medicare and Medicaid Services (CMS) uses a Star Rating system to measure how well Medicare Advantage plans and standalone Part D plans perform in categories such as customer service, member complaints, pricing and the array of services each offers. The ratings range from one to five stars, with five being the best and one the worst.

Medicare Advantage Plans

A Medicare Advantage plan completely replaces original Medicare Part A and Part B coverage. In an Advantage plan, the plan administrator assumes all of the financial cost of the services provided to you, less the applicable copayments. You must be enrolled in Medicare Part A and Part B to join an Advantage plan. CTPF offers two Medicare Advantage plans:

UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP) for CTPF

You can obtain medical care from any physician, hospital, or provider that accepts Medicare. The plan includes enhanced Medicare Part D prescription drug coverage administered by Express Scripts Medicare® (PDP) for CTPF (see right for more information). This plan covers most medical services at 100% once the deductible is satisfied.

Plan premiums are listed on page 37 and include the cost of prescription drug coverage. New enrollees must submit completed enrollment applications to CTPF.

Medicare Advantage Note: This CTPF health plan is a custom plan that does not require the use of a network provider for coverage. Your benefit levels are the same whether or not you use a network provider. You may seek care from any provider nationwide that accepts Medicare. All Medicare Advantage plans are regulated by CMS (Centers for Medicare and Medicaid Services). CMS requires that certain language be included in all Medicare Advantage documents.

If you have any questions, please call CTPF Member Services at 1-312-641-4464.

To find your plan’s Star Rating, go to www.medicare.gov/find-a-plan/

Once there, enter your plan ID (shown below) and your home zip code. Please note that your plan is part of a larger health insurance contract with Medicare and will not match the name of your group plan:

<table>
<thead>
<tr>
<th>UHC Medicare Advantage Plan H2001</th>
<th>Humana Medicare Advantage Plan H1468</th>
<th>Express Scripts Part D Plan S5660</th>
</tr>
</thead>
</table>

INFO

Medicare Star Ratings

The Centers for Medicare and Medicaid Services (CMS) uses a Star Rating system to measure how well Medicare Advantage plans and standalone Part D plans perform in categories such as customer service, member complaints, pricing and the array of services each offers. The ratings range from one to five stars, with five being the best and one the worst.

Medicare Advantage Plans

A Medicare Advantage plan completely replaces original Medicare Part A and Part B coverage. In an Advantage plan, the plan administrator assumes all of the financial cost of the services provided to you, less the applicable copayments. You must be enrolled in Medicare Part A and Part B to join an Advantage plan. CTPF offers two Medicare Advantage plans:

UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP) for CTPF

You can obtain medical care from any physician, hospital, or provider that accepts Medicare. The plan includes enhanced Medicare Part D prescription drug coverage administered by Express Scripts Medicare® (PDP) for CTPF (see right for more information). This plan covers most medical services at 100% once the deductible is satisfied.

Plan premiums are listed on page 37 and include the cost of prescription drug coverage. New enrollees must submit completed enrollment applications to CTPF.

Medicare Advantage Note: This CTPF health plan is a custom plan that does not require the use of a network provider for coverage. Your benefit levels are the same whether or not you use a network provider. You may seek care from any provider nationwide that accepts Medicare. All Medicare Advantage plans are regulated by CMS (Centers for Medicare and Medicaid Services). CMS requires that certain language be included in all Medicare Advantage documents.

If you have any questions, please call CTPF Member Services at 1-312-641-4464.

To find your plan’s Star Rating, go to www.medicare.gov/find-a-plan/

Once there, enter your plan ID (shown below) and your home zip code. Please note that your plan is part of a larger health insurance contract with Medicare and will not match the name of your group plan:

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INFO

Medicare Star Ratings

The Centers for Medicare and Medicaid Services (CMS) uses a Star Rating system to measure how well Medicare Advantage plans and standalone Part D plans perform in categories such as customer service, member complaints, pricing and the array of services each offers. The ratings range from one to five stars, with five being the best and one the worst.
Humana Group HMO with Part D Pharmacy

This plan is a traditional HMO where you select a Primary Care Provider to direct your care. You must use network physicians to receive benefits. The plan includes enhanced Medicare Part D prescription drug coverage provided through Humana. You typically pay a copay for services.

Plan premiums are listed on page 33 and include the cost of prescription drug coverage. New enrollees must submit completed enrollment applications to CTPF.

Medigap Plan

A Medigap policy is health insurance sold by private companies that helps pay the costs that Original Medicare (Parts A and B) doesn’t cover, such as Part A and Part B deductibles and coinsurance. Original Medicare provides coverage first, then Medigap helps fill in the gaps. The federal government defines standard benefits for Medigap plans. Medigap premiums are regulated by each state.

AARP Medicare Supplement Plan F (UnitedHealthcare)

The AARP Medicare Supplement Plan F is an individual Medigap plan administered by UnitedHealthcare and endorsed by AARP. This plan supplements Original Medicare (Part A and Part B) and includes enhanced Medicare Part D prescription drug coverage administered by Express Scripts® (PDP) for CTPF.

This is an individual plan that is 100% portable with guaranteed renewal. You can obtain medical care from any physician or hospital that accepts Medicare. Plan F covers 100% of most Medicare-eligible expenses not paid by Medicare.

Plan F premiums are based on age, gender, vary by geographic area, and are quoted directly by UnitedHealthcare. Call CTPF to determine total premium cost including prescription coverage. Premiums may change slightly during the plan year depending on your enrollment date. UnitedHealthcare informs you of these premium changes.

New enrollees must submit completed enrollment applications to CTPF.

Note: If you have Medicare coverage for a reason other than age or if you turn 65 after January 1, 2020, you cannot enroll in this plan.

Express Scripts® Prescription Drug Coverage

Express Scripts® is the prescription drug benefits administrator for the UnitedHealthcare Group Medicare Advantage PPO and AARP Medicare Supplement Plan F (UnitedHealthcare) plans. Enrollment in prescription drug coverage is automatic for these plans. Express Scripts® will send all new enrollees welcome kits with a separate prescription drug ID card. You will need to present this card at your pharmacy to receive prescription benefits.

The Express Scripts Medicare® (PDP) for CTPF is an enhanced Part D prescription drug plan approved by Medicare. The plan is based on a drug formulary list which includes Medicare Part D drugs. View the drug formulary at the website: www.Express-Scripts.com/medd/ctpf.

(Copays apply, see the “Important Pharmacy Notes” on pages 38-39)

Copays may change annually based on a drug’s formulary status. This Part D drug plan utilizes a Preferred Value network that offers lower copays than the standard network. Not all drugs are available at an up to-90-day supply, and not all retail pharmacies offer an up to-90-day supply. Contact Express Scripts at 1-800-864-1416 for details.

If you qualify for “extra help” from the federal government for your prescription drug costs, your prescription copays and premium may be lower than those listed in this handbook.
Medicare Defined

Medicare is the federal health insurance program administered by the Centers for Medicare and Medicaid Services (CMS), for individuals who:

- reach age 65 or older, or
- receive Social Security disability benefits for over 24 months, or
- have End-Stage Renal Disease (ESRD), or
- receive disability benefits for Amyotrophic Lateral Sclerosis (ALS)

Applying for Medicare

To apply for Medicare, contact your local Social Security Administration (SSA) office or call 1-800-772-1213 to enroll in Medicare Part A and Part B, three months prior to your 65th birthday. You can also apply online at www.medicare.gov.

If you are already collecting Social Security retirement benefits, your enrollment in Medicare at age 65 is usually automatic.

The Parts of Medicare

**Medicare Part A**

Hospital Insurance

Part A insurance helps cover inpatient care in hospitals. It also helps cover care in skilled nursing facilities (non-custodial), hospice, and home health care.

**Medicare Part B**

Medical Insurance

Part B insurance helps cover doctors’ services and outpatient care. Part B also helps cover some preventive services to maintain health and to keep certain illnesses from getting worse.

**Medicare Part C**

Medicare Advantage Plans

Part C insurance replaces the traditional Part A and Part B coverage. Part C plans are Medicare Advantage HMO, PPO, or Point of Service (POS) plans run by private companies approved by Medicare. These plans may offer other coverage including prescription drugs.

**Medicare Part D**

Prescription Drug Coverage

Part D insurance helps cover the cost of outpatient prescription drugs. The federal government sets a minimum standard of benefits that must be covered by Part D plans. Standard Part D plans may include a coverage gap (doughnut hole).

**Enhanced Medicare Part D Plans**

Enhanced Medicare Part D Plans have a higher actuarial value than a basic Part D plan. Out-of-pocket expenses are generally lower, and continued coverage through the coverage gap may be offered.

*Conversation Starter*

Before you reach age 65, arrange to speak with your doctor’s office about your transition to Medicare. Confirm that your provider accepts Medicare, and where applicable, Medicare Advantage plans. You may also take the opportunity to discuss the types of health insurance coverage CTPF offers to members on Medicare.

They may ask to take your plan information in advance. Your CTPF Health Insurance Handbook can provide some of the information they might need and the health plan’s contact information is in the back of the book.
Enrollment & Premium Payment

Medicare Part A Premium
You may qualify for premium-free Part A coverage if you paid Medicare taxes while working. Members hired on or after April 1, 1986, paid Medicare taxes through payroll deductions.

Premium Free Medicare Part A
You must earn 40 Medicare “quarters” or “credits” to qualify for premium-free Medicare Part A; or 30+ quarters to qualify for a reduced premium.

You receive Medicare Part A at no cost if you receive a Social Security or Railroad Retirement Board (RRB) benefit.

You can apply for Medicare through a spouse if you have been married at least one year, or through an ex-spouse (living or deceased), if you were married for at least 10 years.

Paying for Medicare Part A
If you do not qualify for premium-free Part A coverage, you must purchase this coverage. CTPF takes over this responsibility and pays Medicare on your behalf when you enroll in CTPF’s MedPay program. (see page 30)

Medicare Part B Premium
Almost everyone must pay for Part B coverage. You are responsible for making payments directly to Medicare, and will receive a monthly or quarterly bill unless you:

- receive a Social Security benefit. Medicare deducts the Part B premium cost directly from monthly SSA benefits.
- participate in CTPF’s MedPay program. CTPF pays Medicare on your behalf. (see page 30)

Pay Medicare Part B bills promptly to avoid losing all your health insurance coverage. If you are not eligible for the CTPF MedPay program, CTPF recommends enrolling in the Medicare Easy Pay Program to help avoid payment lapses. Easy Pay allows Medicare to deduct your monthly premium payment directly from your checking or savings account. Medicare administers Easy Pay; obtain an application at www.medicare.gov or call 1-800-MEDICARE.

Part B Assistance
Some individuals may qualify for a state-sponsored Part B premium assistance program. If you qualify for Part B assistance, notify CTPF immediately.

Medicare Part D Premium
All CTPF plans include Medicare Part D prescription drug coverage. The cost of Part D coverage is included in your premium. For help in understanding how Part D drug plans work, please visit the Medicare website under Costs for Medicare drug coverage: www.medicare.gov/part-d/

Part D Penalties
If you do not enroll in a Medicare Part D drug plan when you first become eligible for Medicare, you may have to pay a late enrollment penalty, unless you have proof of other creditable coverage. Medicare Part D penalties are the total responsibility of the member. CTPF may bill a member to recover these costs if CTPF pays these costs in error.

Note: All CTPF-sponsored Medicare plans have included creditable prescription coverage since 2006.

IRMAA Higher Income Adjustments for Medicare Part B and Part D
Medicare beneficiaries with higher incomes pay more for Part B and Part D insurance.

This Income-Related Monthly Adjustment Amount (IRMAA) is deducted from a beneficiary’s Social Security benefit or direct-billed by Medicare. The Social Security Administration uses federal tax returns to determine high income status.

Paying for IRMAA
All IRMAA expenses are the total responsibility of the member. CTPF does not subsidize IRMAA. CTPF may bill a member to recover these costs if CTPF pays these costs in error.

PART B: CTPF will make Medicare Part B IRMAA payments on your behalf if you are enrolled in CTPF’s MedPay Program. (see page 30)
PART D: Government regulations prevent CTPF from making Medicare Part D IRMAA payments on your behalf. CMS will bill you monthly for this expense.

CTPF’s MedPay Program

If you must pay for Medicare Part A, CTPF takes over payment responsibility when you enroll in CTPF’s MedPay Program. Through this program, CTPF makes Medicare Part A, Part B, and IRMAA Part B* premium payments on your behalf, and deducts your share (after applying the applicable premium subsidy) from your pension benefit.

*CTPF cannot make Medicare Part D IRMAA payments on your behalf. CMS will bill you monthly for this expense.

Enrolling in CTPF’s MedPay Program

Make your first Medicare premium payment to CMS, then immediately send CTPF:

1. A copy of your first Notice of Medicare Premium Payment Due, issued by CMS
2. A copy of your check for your first payment
3. CTPF Form 301 (available from Member Services or download at www.ctpf.org)

CTPF will process your request and make all subsequent Medicare Part A, Medicare Part B, and IRMAA Part B premium payments on your behalf. Your share of the premium payment (after CTPF premium subsidy, if applicable) will be deducted from your pension benefit.

Current CTPF Non-Medicare Enrollees Turning Age 65

If you are currently enrolled in a CTPF Non-Medicare plan and want to continue coverage with CTPF when you turn 65, you must enroll in Medicare Part A and Part B, and provide CTPF with proof of enrollment before the month of your 65th birthday. If you fail to provide proof of Medicare enrollment, your CTPF health insurance will terminate on the last day of the month prior to your Medicare eligibility month. See page 26 for information.

More Information about turning age 65

CTPF offers bimonthly Medicare “Birthday Parties” designed to help members turning age 65 evaluate their health insurance options. See page 43 for information.

CTPF Plan Enrollment Requirements

Qualified individuals who want to enroll in a CTPF plan for Medicare eligible members must be enrolled in Medicare Part A and Part B. If you do not qualify for premium-free Part A coverage, you must purchase this coverage through CTPF’s MedPay program.

You must provide proof of Medicare enrollment before enrolling in a CTPF health insurance plan. Acceptable proof includes:

- A copy of the Medicare card, or
- An award letter with Medicare number from the Social Security Administration verifying enrollment, with effective dates

If you enroll in a CTPF health plan and must pay for Medicare Part A, CTPF requires that you enroll in the CTPF MedPay program. This is the only way you can receive a monthly subsidy for that premium in your pension check.
Medicare Eligibility Due to Disability

If you are under the age of 65 and receive SSA or RRB disability benefits, you are automatically enrolled in Medicare Part A and Part B after 24 months. You must notify CTPF in writing when you, or a dependent covered under your health plan, becomes eligible for Medicare due to disability. You may join a CTPF plan when you provide proof of Medicare Part A and Part B enrollment. Some CTPF plans have an age requirement; see the comparison charts for additional information.

Medicare Eligibility Due to ESRD or ALS

If you are under the age of 65 with End-Stage Renal Disease (ESRD), you can apply for Medicare benefits by contacting a local SSA office. Once the 30-month ESRD coordination period expires, you may enroll in a CTPF Medicare plan if you also have Medicare Part B coverage.

If you receive disability benefits due to ALS, you automatically receive Medicare Part A the month benefits begin. You may join a CTPF plan when you enroll in both Medicare Part A and Part B.

Regardless of your age, it is your responsibility to notify CTPF if you are enrolled in Medicare Part A and Part B due to ESRD or ALS.

Medicare & You

Medicare & You is the official US government Medicare handbook. If you would like a paper copy of this book you can:

- Go online to www.medicare.gov and download a pdf
- Call 800-Medicare (1-800-633-4227) and request a copy; TTY users should call 1-877-486-2048
- Visit a local SSA office, but call first to make sure they have copies on hand

There are also advantages to saving the paper and going online at www.medicare.gov to reference the Medicare & You handbook. Any changes to Medicare are updated regularly online. An electronic version can be downloaded to your Kindle, iPad, Nook or other eReader. In addition, audio versions of the handbook are also available.

HEALTH INSURANCE CHECKUP

Other Medicare Part D Plans

All CTPF’s Medicare plans include comprehensive prescription drug coverage. If you are currently enrolled or plan to enroll in a CTPF Medicare plan, do not enroll in any additional Medicare Part D coverage.

Members may receive solicitations from insurance carriers for other Medicare D plans. If you are enrolled in a CTPF Medicare plan, and you enroll in an additional Medicare part D plan, you will lose ALL CTPF coverage.
Important Prescription Drug Information for CTPF Medicare-Eligible Plan Participants

Medicare prescription drug coverage became available in 2006 to everyone with Medicare. All Medicare drug plans provide at least a standard level of coverage set by Medicare.

The Chicago Teachers’ Pension Fund (CTPF) has determined that its prescription drug coverage is, on average, at least as good if not better than the standard Medicare prescription drug coverage and is considered Creditable Coverage.

If you are currently enrolled, or plan to enroll, in a CTPF Medicare insurance plan for 2022, you should not enroll in an additional Medicare Part D prescription drug plan, or you will lose all CTPF health insurance coverage.

With this Notice of Creditable Coverage, you will not be penalized if you later decide to enroll in a non-CTPF prescription drug plan. However, if you drop or lose your coverage with CTPF and do not enroll in Medicare prescription drug coverage within 63 continuous days after your coverage ends, you may pay more (a penalty) to enroll in a Medicare Part D prescription drug plan.

**KEEP THIS NOTICE**

If you are enrolled in a CTPF health plan for the 2022 benefit year, this notice verifies that you have creditable coverage for Medicare Part D.

If, in the future, you decide to join a non-CTPF Medicare drug plan, you may be required to provide a copy of this notice. This notice proves that you have maintained creditable coverage.

**JANUARY 1, 2022 - DECEMBER 31, 2022**
The following health insurance plans are available to Medicare-eligible plan participants enrolled in both Medicare Part A and Part B, unless you have Medicare due to ESRD and are within the 30-month coordination period. This comparison is to be used as a guide. In case this summary differs from the health plan text or any health plan term or condition, the official contract document must govern.

While every effort has been made to ensure up-to-date information, CTPF is not responsible for the final adjudication of insurance claims, which are solely the responsibility of the health plan.

### 2022 Plan Cost Comparison

<table>
<thead>
<tr>
<th>Plan Description</th>
<th>CTPF Annuitants Cost for Single Coverage</th>
<th>CTPF Annuitants + 1 Dependent</th>
<th>CTPF Annuitants + 2 Dependents</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AARP® Medicare Supplement Plan F</strong> (UnitedHealthcare) with Express Scripts Medicare® (PDP)</td>
<td>Avg. for Age 66-68: $145.19</td>
<td>Avg. for Age 66-68: $508.16</td>
<td>Avg. for Age 66-68: $871.13</td>
</tr>
<tr>
<td></td>
<td>Age 69-71: $158.80</td>
<td>Age 69-71: $555.79</td>
<td>Age 69-71: $952.78</td>
</tr>
<tr>
<td></td>
<td>Age 72-74: $169.51</td>
<td>Age 72-74: $593.29</td>
<td>Age 72-74: $1,017.07</td>
</tr>
<tr>
<td></td>
<td>Age 75+: $186.69</td>
<td>Age 75+: $653.41</td>
<td>Age 75+: $1,120.13</td>
</tr>
<tr>
<td><strong>UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP)</strong></td>
<td>$131.50</td>
<td>$460.24</td>
<td>$788.98</td>
</tr>
<tr>
<td><strong>Humana Group Medicare HMO with Part D Pharmacy</strong></td>
<td>$75.80</td>
<td>$265.29</td>
<td>$454.78</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CTPF Dependent Cost for Single Coverage</th>
<th>(Dependents do not receive the CTPF premium subsidy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Avg. for Age 66-68</td>
<td>$362.97</td>
</tr>
<tr>
<td>Age 69-71</td>
<td>$396.99</td>
</tr>
<tr>
<td>Age 72-74</td>
<td>$423.78</td>
</tr>
<tr>
<td>Age 75+</td>
<td>$466.72</td>
</tr>
<tr>
<td></td>
<td>$328.74</td>
</tr>
<tr>
<td></td>
<td>$189.49</td>
</tr>
</tbody>
</table>

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*This plan is not available to members under age 65 with Medicare due to a disability and is only available to Medicare recipients who turned 65 prior to 2020. Premiums for the AARP Medicare Supplement Plan F UnitedHealthcare are based on age, gender, vary by geographic area, and are quoted directly by UnitedHealthcare. The amounts listed above are average costs for all AARP members. If you are considering this plan, contact UnitedHealthcare directly for a quote. AARP may raise rates annually in June. Members enrolled in this plan will receive a letter in the spring with the Plan F premium cost - which will not include the cost for prescription drug coverage or the CTPF health insurance subsidy. Contact CTPF after you receive your letter to determine your annual cost.

* The annuitant cost is the amount paid for monthly coverage after CTPF applies the health insurance premium subsidy. The current subsidy is 60% of total premium cost. See page 14 for more information.

^ This is the amount a dependent pays for single coverage in special circumstances when only one family member is Medicare eligible. See page 40 for additional information about couple coverage.
Plan Comparison: Medicare - Eligible Members

<table>
<thead>
<tr>
<th>AARP® Medicare Supplement Insurance Plan F (UnitedHealthcare) with Express Scripts Medicare® (PDP) for CTPF</th>
</tr>
</thead>
<tbody>
<tr>
<td>Available to Medicare recipients who turned 65 prior to 2020.</td>
</tr>
</tbody>
</table>

**PLAN FEATURES**

Pays 100% after Medicare for Medicare covered services. Premium may vary by age, gender, discount availability, and geographic area. Includes enhanced Medicare Part D prescription coverage.

**CONTACT INFORMATION**

UnitedHealthcare Group Number: 1089
1-800-392-7537 Customer Service
1-888-543-5630 NurseLine
www.medicare.uhc.com

Express Scripts® Group number: CTPFRX
1-800-864-1416 Customer Service
www.Express-Scripts.com/medd/ctpf

**HOW TO ENROLL**

Call UnitedHealthcare at 1-800-392-7537 and request an enrollment kit for CTPF Plan #1089. Complete the kit, CTPF Form 350 (available in the center of this book or online at www.ctpf.org), and return all materials to CTPF.

**SERVICE AREA**

Nationwide (residents in Mass., Minn., and Wis., must call UnitedHealthcare AARP for enrollment options)

**FOREIGN TRAVEL**

Foreign travel emergency benefits available.

**PHYSICIAN SELECTION**

Choose any provider who accepts Medicare.

**LIFETIME MAXIMUM**

No lifetime maximum except foreign travel lifetime max of $50,000.

**OUT-OF-POCKET MAXIMUM**

N/A

**ANNUAL PLAN YEAR DEDUCTIBLE**

None

**SPECIAL DEDUCTIBLES**

None

**HOSPITAL SERVICES (Medicare covered services only)**

Inpatient
100% after Medicare pays (including Medicare Part A deductible)

Skilled Nursing Facility (non-custodial)
Medicare pays all approved amounts for the first 20 days. Days 21-100, plan pays 100% after Medicare pays. No benefit after day 100 (in benefit period).
UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP) for CTPF
Medicare Advantage plan

**PLAN FEATURES**
Use any physician who accepts Medicare. Enhanced Medicare Part D prescription coverage. Pays 100% after plan deductible is met, with the exception of Emergency Room visits.

**CONTACT INFORMATION**
UnitedHealthcare Group Number: 12830
Toll free 1-866-572-9396, TTY 711
8 a.m. – 8 p.m., local time | 7 days a week
1-877-365-7949 NurseLine
www.UHCRetiree.com/ctpf | www.uhvirtualretiree.com/ctpf
Express Scripts® Group number: CTFRX
1-800-864-1416 Customer Service
www.Express-Scripts.com/medd/ctpf

**HOW TO ENROLL**
Complete CTPF Form 350 (available in the center of this book or online at www.ctpf.org). Return with required documentation to CTPF.

**SERVICE AREA**
Nationwide; All 50 states, the District of Columbia and the 5 US Territories.

**FOREIGN TRAVEL**
Foreign travel emergency benefits available.

**PHYSICIAN SELECTION**
Choose any provider who accepts Medicare.

**LIFETIME MAXIMUM**
No lifetime maximum

**OUT-OF-POCKET MAXIMUM**
$1,500 (Includes $175 deductible)
Annual Medical Out-of-Pocket Maximum combined for IN and OUT of network.

**ANNUAL PLAN YEAR DEDUCTIBLE**
$175

**SPECIAL DEDUCTIBLES**
None

**HOSPITAL SERVICES**
Inpatient
100% after deductible

Skilled Nursing Facility (non-custodial)
100% after deductible
0% coinsurance per day, days 1-20;
100% days 21-100 after deductible

Humana Group Medicare HMO with Part D Pharmacy Medicare Advantage plan

**PLAN FEATURES**
Traditional HMO with network, referrals and prior authorization required. Includes Humana Group Medicare prescription coverage.

**CONTACT INFORMATION**
Group number 303611 for Chicago plans
For other service areas, group number is listed on insurance card
1-866-396-8810 Customer Service
www.humana.com

**HOW TO ENROLL**
Contact CTPF Member Services at 1-312-641-4464 and request an enrollment packet. Return the completed packet and CTPF Form 350 (available in the center of this book or online at www.ctpf.org), to CTPF.

**SERVICE AREA**
Chicago (Cook, DuPage, Kane, Kendall, & Will counties) and some areas in AL, AZ, CA, CO, FL, IN, KS, LA, MO, MS, NC, NM, NV, PR, TN, TX, UT, call for more info.

**FOREIGN TRAVEL**
Foreign travel emergency benefits available. Limited to emergency Medicare-covered services.

**PHYSICIAN SELECTION**
Select a PCP from the listing at www.humana.com

**LIFETIME MAXIMUM**
No lifetime maximum except inpatient mental health (see behavioral health services).

**OUT-OF-POCKET MAXIMUM**
$2,500 per individual, per calendar year. Excludes Part D pharmacy, extra services, & the plan premium.

**ANNUAL PLAN YEAR DEDUCTIBLE**
None

**SPECIAL DEDUCTIBLES**
None

**HOSPITAL SERVICES**
Inpatient $150 Copay, per day, for first five days of each admission, authorized services only

Skilled Nursing Facility (non-custodial) No copay days 1-20, no 3-day hospital stay required; $25 Copay per day, days 21-100, per benefit period.
AARP® Medicare Supplement Insurance Plan F (UnitedHealthcare) with Express Scripts Medicare® (PDP) for CTPF
Available to Medicare recipients who turned 65 prior to 2020.

<table>
<thead>
<tr>
<th>OUTPATIENT SERVICES</th>
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<tbody>
<tr>
<td>(Medicare covered services only)</td>
</tr>
<tr>
<td>Chemotherapy, Radiation</td>
</tr>
<tr>
<td>100% after Medicare pays</td>
</tr>
<tr>
<td>Emergency Room</td>
</tr>
<tr>
<td>100% after Medicare pays</td>
</tr>
<tr>
<td>Lab/X-Ray</td>
</tr>
<tr>
<td>100% after Medicare pays</td>
</tr>
<tr>
<td>Speech, Physical &amp; Occupational Therapy, Outpatient Rehab</td>
</tr>
<tr>
<td>100% after Medicare pays</td>
</tr>
<tr>
<td>Surgery</td>
</tr>
<tr>
<td>100% after Medicare pays</td>
</tr>
<tr>
<td>Urgent Care</td>
</tr>
<tr>
<td>100% after Medicare pays</td>
</tr>
</tbody>
</table>

| PROFESSIONAL & OTHER SERVICES        |
| (Medicare covered services only)     |
| Ambulance                            |
| 100% after Medicare pays             |
| Allergy Shots                        |
| 100% after Medicare pays             |
| Chiropractic Visits                  |
| 100% after Medicare pays             |
| Dental                               |
| 100% after Medicare pays             |
| Diabetic Part B Covered Supplies      |
| 100% after Medicare pays             |
| Hearing                              |
| 100% after Medicare pays             |
| Home Health Services                 |
| 100% after Medicare pays             |
| Physician Office Visits              |
| 100% after Medicare pays             |
| Preventive Care (physicals, diagnostics, immunizations) |
| 100% after Medicare pays             |
| Prosthetic Devices, Med. Equip       |
| 100% after Medicare pays             |
| Podiatry                             |
| 100% after Medicare pays             |
| Renal Dialysis                       |
| 100% after Medicare pays             |
| Transplants                          |
| 100% after Medicare pays             |
| Vision Services                      |
| 100% after Medicare pays             |

Extra Benefits (wellness, vision, hearing and dental discounts)
Renew Active is available in 36 states including Illinois and Silver Sneakers is available in 7 states. Both programs provide a free gym membership. Contact carrier for more details on wellness and discount programs.
**UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare** (PDP) for CTPF Medicare Advantage plan

### OUTPATIENT SERVICES

- **Chemotherapy, Radiation**: 100% after deductible
- **Emergency Room**: $50
- **Lab/X-Ray**: 100% after deductible
- **Speech, Physical & Occupational Therapy, Outpatient Rehab**: 100% after deductible
- **Surgery**: 100% after deductible
- **Urgent Care**: 100% after deductible

### PROFESSIONAL & OTHER SERVICES

- **Ambulance**: 100% after deductible
- **Allergy Shots**: 100% after deductible
- **Chiropractic Visits**: 100% after deductible (unlimited visits); Medicare covered services
- **Dental**: 100% after deductible; Medicare covered services only
- **Diabetic Part B Covered Supplies**: 100% covered
- **Hearing**: Medicare-covered Services: 100% after deductible
- **Routine (Non-Medicare) Services**: $0 copay routine hearing exam
- **Hearing Aids**: $1,000 allowance purchased in network through UnitedHealthcare Hearing every three years
- **Home Health Services**: 100% after deductible
- **Physician Office Visits**: 100% after deductible
- **Preventive Care (physicals, diagnostics, some immunizations)**: 100% covered (1 physical per plan year)
- **Prosthetic Devices, Med. Equip**: 100% after deductible
- **Podiatry**: Medicare-covered Services: 100% after deductible
- **Routine (Non-Medicare Covered) Services**: 100% after deductible, 6 visits per year
- **Renal Dialysis**: 100% after deductible
- **Transplants**: 100% after deductible
- **Vision Services**: Medicare-covered Services: 100% after deductible; Eye Wear: $0 copay Medicare covered standard eyeglass lenses and frames after cataract surgery.
- **Routine (Non-Medicare Covered) Services**: $0 copay annual routine eye exam; $300 eye wear allowance every two years.
- **Extra Benefits (wellness, discounts)**: $60/quarter over the counter benefit, HouseCalls, Renew Active (replacing Silver Sneakers), hearing aid discount, virtual office visits, Renew Rewards and more. Contact carrier for more benefit details.

---

**Humana Group Medicare HMO with Part D Pharmacy** Medicare Advantage plan

### OUTPATIENT SERVICES

- **Chemotherapy, Radiation**: $50 Copay chemotherapy drugs. Radiation covered 100% outpatient hospital, $25 copay for specialist office.
- **Emergency Room**: $50 Copay emergency room; waived if admitted within 24 hours; applies for care outside US
- **Lab/X-Ray**: 100% covered except urgent care, $25 Copay urgent care
- **Speech, Physical & Occupational Therapy, Outpatient Rehab**: 100% per visit after $25-$40 copay (based on where services are rendered)
- **Surgery**: Medicare-covered Services: 100% after deductible
- **Routine (Non-Medicare Covered) Services**: $0 copay routine, $25 copay specialist.
- **Dental**: $25 Copay (Medicare covered services only)
- **Diabetic Part B Covered Supplies**: 100% covered
- **Hearing**: $10 Copay at PCP, $25 copay specialist, Medicare covered services only.
- **Home Health Services**: No copay (prior authorization required) excludes personal home care
- **Physician Office Visits**: $10 Copay PCP, $25 Copay specialist
- **Preventive Care (physicals, diagnostics, immunizations)**: No copay
- **Prosthetic Devices, Med. Equip**: 10% at medical equipment provider or pharmacy
- **Podiatry**: $25 Copay; Medicare covered services only
- **Renal Dialysis**: No copay in dialysis center; 20% at hospital
- **Transplants**: As any other disease at Medicare-approved Humana National Transplant Network only
- **Vision Services**: $25 Copay; Medicare covered services only
- **Extra Benefits (wellness, discounts)**: Contact carrier for extra benefit details.
Plan Comparison: Medicare - Eligible Members

AARP® Medicare Supplement Insurance Plan F (UnitedHealthcare) with Express Scripts Medicare® (PDP) for CTPF
Available to Medicare recipients who turned 65 prior to 2020.

BEHAVIORAL HEALTH SERVICES
(Medicare covered services only)

Outpatient: 100% after Medicare pays
Inpatient: 100% after Medicare pays

PRESCRIPTION DRUG BENEFITS

Preferred Value Network Pharmacy*
(up to 31-Day supply)

$10  Generic copay
$30  Preferred brand copay
$50  Non-preferred brand copay
$50  Specialty drugs

Preferred Value Network Pharmacy*
(up to 90-Day Supply)

$25  Generic copay
$75  Preferred brand copay
$125 Non-preferred brand copay
$125 Specialty drugs

Express Scripts Mail Order (up 90-Day Supply)

$20  Generic copay
$60  Preferred brand copay
$100 Non-preferred brand copay
$100 Specialty drugs

Coverage
Prescription coverage is provided through the coverage gap and generally stays the same as the copays listed above.

Non-Medicare Part D drugs are not covered (for example, lifestyle drugs for ED).

Medicare Part B drugs, including diabetic supplies, are processed by your medical plan.

Vaccinations
Flu shots and shots to prevent pneumococcal infections are covered under Part B. Contact your Medicare drug plan for more information about vaccines.

Important Pharmacy Notes
Once your true out-of-pocket cost reaches $7,050, your copay may be reduced. Once you meet this cost threshold, you pay the greater of 5% coinsurance or $3.95 for generics/multi source drugs, $9.85 for brand name drugs, but never more than the normal copay for that drug tier based on the number of days prescribed (e.g., 30 days).

*Non-preferred network copays are $5 more than stated copays

INFO

Prescription Drug Plan Changes
Each health insurance plan utilizes a formulary (a list of preferred prescription drugs). Formularies may change annually, so make sure you review your plan’s 2022 formulary to determine if your prescription expenses will change.
UnitedHealthcare Group Medicare Advantage
PPO with Express Scripts Medicare® (PDP) for CTPF
Medicare Advantage plan

BEHAVIORAL HEALTH SERVICES

Outpatient: 100% after deductible
Inpatient: 100% after deductible (190 day lifetime limit)

PRESCRIPTION DRUG BENEFITS

Preferred Value Network Pharmacy*
(up to 31-Day supply)
$10 Generic copay
$30 Preferred brand copay
$50 Non-preferred brand copay
$50 Specialty drugs

Preferred Value Network Pharmacy*
(up to 90-day supply)
$25 Generic copay
$75 Preferred brand copay
$125 Non-preferred brand copay
$125 Specialty drugs

Express Scripts Mail Order (up to 90-Day Supply)
$20 Generic copay
$60 Preferred brand copay
$100 Non-preferred brand copay
$100 Specialty drugs

Coverage
Prescription coverage is provided through the coverage gap and generally stays the same as the copays listed above.

Non-Medicare Part D drugs are not covered (for example, lifestyle drugs for ED).

Medicare Part B drugs: use UnitedHealthcare Medicare Advantage ID card.

Vaccinations
Flu shots and shots to prevent pneumococcal infections are covered under Part B. Contact UnitedHealthcare Medicare Advantage customer service for more information on vaccines and other Part B services.

Important Pharmacy Notes
Once your true out-of-pocket cost reaches $7,050, your copay may be reduced. Once you meet this cost threshold, you pay the greater of 5% coinsurance or $3.95 for generics/multi source drugs, $9.85 for brand name drugs, but never more than the normal copay for that drug tier based on the number of days prescribed (e.g., 30 days).

Humana Group Medicare HMO
with Part D Pharmacy Medicare Advantage plan

BEHAVIORAL HEALTH SERVICES

Outpatient: $10 Copay PCP, $25 Copay specialist, $40 Copay outpatient facility
Inpatient: $150 Copay per day (days 1-5) in-network, per admission; authorized services only. Inpatient psychiatric care: 190 day lifetime limit. Alcohol and substance abuse: $150 Copay per day (days 1-5) in-network, per admission.

PRESCRIPTION DRUG BENEFITS

Retail Pharmacy (up to 30-Day supply)
$5 Preferred generic copay
$30 Non-preferred generic or preferred brand copay
$45 Non-preferred brand copay
25% Coinsurance for specialty drugs (limited to a 30-Day supply, max. $150 per prescription)

30-day mail order supply also available with $5 preferred generic copay. All other copays same as retail 30-day supply.

Retail up to 90-Day Supply
$15 Preferred generic copay
$90 Non-preferred generic or preferred brand copay
$135 Non-preferred brand copay

Mail Order up to 90-Day Supply
$0 Preferred generic copay
$60 Non-preferred generic or preferred brand copay
$90 Non-preferred brand copay

Vaccinations
Flu shots and shots to prevent pneumococcal infections are covered under Part B. Contact Humana customer service for more information about vaccines and other Part B services.

Important Pharmacy Notes
Once your true out-of-pocket cost reaches $7,050 your copay may be reduced. Once you meet this cost threshold, you pay the greater of 5% coinsurance or $3.95 for generics/multi source drugs, $9.85 for brand name drugs, but never more than the normal copay for that drug tier based on the number of days prescribed (e.g., 30 days).
Couple Coverage

Insurance Options when only one Family Member is Medicare Eligible

Depending on the age of your dependent, you may be in a situation where one family member is covered by Medicare and the other is not.

If you both want CTPF health insurance coverage, you must enroll in corresponding Non-Medicare and Medicare health insurance plans, offered by UnitedHealthcare.

Each family member must complete a separate application and pay the cost for single coverage in each plan. The premiums for single coverage can be found on pages 17 and 33 of this handbook. When you both reach age 65, you may enroll in the same health insurance plan and pay the Member +1 rate.

<table>
<thead>
<tr>
<th>HEALTH INSURANCE PLAN (NON-MEDICARE PLAN)</th>
<th>CORRESPONDING PLAN (MEDICARE PLANS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>UnitedHealthcare Choice Plus PPO</td>
<td>UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP)</td>
</tr>
<tr>
<td></td>
<td>AARP Medicare Supplement Plan F (UnitedHealthcare) with Express Scripts Medicare® (PDP)*</td>
</tr>
</tbody>
</table>

*This plan is not open to members who turn age 65 after January 1, 2020.

**EXAMPLES**

**One family member is Medicare eligible**

John is a CTPF annuitant, age 63, and his spouse is age 65. John enrolls in the UnitedHealthcare Non-Medicare PPO, and his spouse enrolls in the UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP). John and his spouse are covered under separate plans so each must pay the single premium. Find single premiums in the charts on pages 17 (Non-Medicare) and 33 (Medicare).

| John’s monthly member premium cost: | $533.35 |
| Spouse’s monthly non-member premium cost: | $328.74 |
| Total monthly cost for John and Spouse: | $862.09 |

**When all become Medicare eligible**

Three months prior to his 65th birthday, John applies for Medicare.* When he receives proof of Medicare Part A and Part B enrollment, he immediately notifies CTPF. John then enrolls in the same plan as his spouse. Once John’s coverage becomes effective, John and his spouse pay the Member +1 rate.

**John’s member + 1 dependent cost**

UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP) $460.24

* If you are currently enrolled in a CTPF Non-Medicare plan and plan to continue coverage in a CTPF plan when you turn 65, you must enroll in Medicare Part A and Part B, and provide proof of enrollment before the month of your 65th birthday (see page 26 for information). In order to enroll in the AARP Medicare Supplement Plan F (UnitedHealthcare) with Express Scripts Medicare (PDP), both the member and the dependent must be eligible for this plan.
## Contact Information

### Non-Medicare Eligible Health Insurance Plans

<table>
<thead>
<tr>
<th>Group Number</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>P06675</td>
<td>1-800-331-8032 Customer Service</td>
</tr>
<tr>
<td></td>
<td>1-800-851-7498 Mental Health</td>
</tr>
<tr>
<td></td>
<td>1-800-423-1973 Pharmacy</td>
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<tr>
<td></td>
<td>1-800-299-0274 NurseLine</td>
</tr>
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</table>

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<thead>
<tr>
<th>Group Number</th>
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</thead>
<tbody>
<tr>
<td>717511</td>
<td>1-866-633-2446 Customer Service</td>
</tr>
<tr>
<td></td>
<td>1-866-633-2446 Mental Health</td>
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<tr>
<th>Group Number</th>
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</thead>
<tbody>
<tr>
<td>H64047</td>
<td>1-800-892-2803 Customer Service</td>
</tr>
<tr>
<td></td>
<td>1-800-423-1973 Pharmacy</td>
</tr>
<tr>
<td></td>
<td>1-800-299-0274 NurseLine</td>
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</table>

### Medicare Eligible Health Insurance Plans

<table>
<thead>
<tr>
<th>Group Number</th>
<th>Phone Numbers</th>
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</thead>
<tbody>
<tr>
<td>UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP) for CTPF</td>
<td>1-866-572-9396 Customer Service</td>
</tr>
<tr>
<td></td>
<td>1-800-453-8440 Behavioral Health</td>
</tr>
<tr>
<td></td>
<td>1-877-365-7949 NurseLine</td>
</tr>
<tr>
<td></td>
<td>1-800-864-1416</td>
</tr>
<tr>
<td></td>
<td>1-800-716-3231 TTY/TDD</td>
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<thead>
<tr>
<th>Group Number</th>
<th>Phone Numbers</th>
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</thead>
<tbody>
<tr>
<td>UnitedHealthcare Group Medicare Advantage PPO with Express Scripts Medicare® (PDP) for CTPF</td>
<td>1-800-392-7537 Customer Service</td>
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<tr>
<td></td>
<td>1-888-543-5630 NurseLine</td>
</tr>
<tr>
<td></td>
<td>1-800-864-1416</td>
</tr>
<tr>
<td></td>
<td>1-800-716-3231 TTY/TDD</td>
</tr>
</tbody>
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<tr>
<th>Group Number</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Humana Group Medicare HMO with Part D Pharmacy</td>
<td>1-866-396-8810 Customer Service</td>
</tr>
<tr>
<td>wwww.humana.com</td>
<td></td>
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<td></td>
<td></td>
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</tbody>
</table>
## DENTAL INSURANCE PLAN PROVIDERS*

<table>
<thead>
<tr>
<th>Retired Teachers Association of Chicago</th>
<th>1-312-750-1522</th>
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</thead>
<tbody>
<tr>
<td><a href="http://www.rtac.org">www.rtac.org</a></td>
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*CTPF does not provide dental insurance. You may secure dental insurance through a private insurance carrier or join a group plan offered through the Retired Teachers Association of Chicago.

## OTHER IMPORTANT NUMBERS

<table>
<thead>
<tr>
<th>Chicago Teachers’ Pension Fund Member Services</th>
<th>1-312-641-4464</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.ctpf.org">www.ctpf.org</a></td>
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1-312-641-7185 fax

<table>
<thead>
<tr>
<th>Center for Medicare and Medicaid Services (CMS)</th>
<th>1-800-MEDICARE (1-800-633-4227)</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.medicare.gov">www.medicare.gov</a></td>
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<thead>
<tr>
<th>Payflex (for members on CPS COBRA)</th>
<th>1-800-359-3921</th>
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<tbody>
<tr>
<td><a href="http://www.payflex.com">www.payflex.com</a></td>
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<tr>
<th>Illinois Senior Health Insurance Program (SHIP)</th>
<th>1-800-548-9034</th>
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<tbody>
<tr>
<td><a href="http://www.state.il.us/AGING/SHIP">www.state.il.us/AGING/SHIP</a></td>
<td></td>
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<thead>
<tr>
<th>Social Security Administration</th>
<th>1-800-772-1213</th>
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<tbody>
<tr>
<td><a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a></td>
<td></td>
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</tbody>
</table>

In addition to website access *(see page 41 for websites)*, many of our insurance carriers also have mobile apps that can be installed on your phone and/or tablet for easy, on-the-go access to prescription orders, pharmacy searches, claims updates, and more.

Access your mobile device’s app store *(App Store for iPhone/iPad, Google Play for Android)* to search for the following apps:

- BCBS: Blue Cross Blue Shield non-Medicare PPO and HMO plans *(choose the app for your state)*
- Health4Me: UnitedHealthcare PPO Plan
- MyHumana & Humana Pharmacy: Humana Medicare Advantage HMO Plan
- Express Scripts Mobile App: Express Scripts
Turning 65 means it’s time to enroll in Medicare and choose a new CTPF health insurance plan. CTPF offers a bimonthly webinar Medicare “Birthday Party” designed to help members evaluate their health insurance options. If you’re turning 65 this year, watch your mail and email for a personalized invitation.

Party attendees will receive important health insurance information and will have the opportunity to:

- Learn about CTPF Medicare plan options.
- Receive assistance completing health insurance enrollment forms.

**When:**
Medicare birthday parties are held bimonthly. When you become eligible, CTPF will send you a personalized invitation.

**Where:**
Due to the COVID-19 Pandemic, Medicare Birthday Parties are held by videoconference. Your invitation will include access instructions.
HEALTH INSURANCE OPEN ENROLLMENT PERIOD | OCTOBER 1-31, 2021

Join us for an Open Enrollment Webinar

Look Inside!

2022 Summary of Health Insurance Plan Changes
PAGE 2

Open Enrollment Education Week
Webinars and audio presentations October 4-8.
PAGE 3

This handbook is also available at ctpf.org.

Your Voice Matters
Please take our five-minute survey and share your thoughts about CTPF Health Insurance Communications at ctpf.org/2021survey.